TO PREPARE FOR THE COMING OF THE GATTAE

In 1946 and 1947,Harold Sherman wrote two science fiction novels,"The Green Man" and "The Green Man Returns" in which he put in story form a vision he had received of the coming of Space People from another planet, to savethe inhabitants of earth from self-destruction through a possible Third World War and other cataclysmic happenings.

After the first novel was published by Amazing Stories magazine, Kenneth Arnold, a private pilot, reported the sighting in western skies of nine unidentified objects which he called "flying saucers". This caused many readers of "The Green Man" to write Editor Ray Palmer,urging him to have author Sherman write a sequel telling about the extra-terrestrial being,Numar's promised return if the human race should be in peril,bringing with him a host of fellow Green Men to help install a New Plan of Living for the peoples of earth.

"The Green ManReturns" proved a sensation in its day and ever afterward, newspapers in reporting on the sightings of aliens from space, referred to them as "little green men."

Since that time, there have been thousands of reported sightings of U.F.O.'s, a percentage of which have been found to be nothing more than excited, even hallucinatory imaginings, or out-and-out hoaxes.However, enough inexplainable,well-documented close encounters with strange objects and lights in the sky as well as claimed abduction cases, to have caused widespread belief in the genuine existence of extra planetary visitors. In addition, the enormous success of the motion picture "E.T." attests to the universal popular acceptance of the possible advent of beings from Outer Space.

And now, as though following some higher planned program of preparing mass consciousness for welcoming some alien visitations, a book has appeared on the scene with the unusual title,"On A Slide of Light", authored by Greta Woodrew, a remarkably credible,educated and psychically endowed woman. She has deeply impressed scientists and others with her amazing demonstrations of Psychic Phenomena and her claim that she is serving as a communicativechannel for extra-terrestrial intelligences from the Ogatta civilization, a distant planet of superior beings who, much as reported in Harold Sherman's "Green Man" stories, are concerned over our planet's destiny, and may come to earth in force in the foreseeable future, to be of aid in a time of great crucial world need.

The WOODREW Update

GRETA WOODREW/DICK SMOLOWE • 448 RABBIT SKIN ROAD • WAYNESVILLE, N.C. 28786 • U.S.A.
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ON BEING A "SENSITIVE"

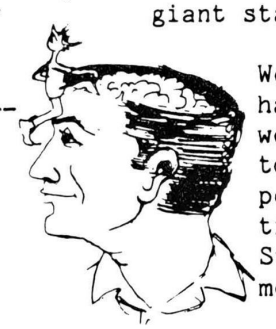
People call me "a sensitive". Does this mean that I am subject in an unusual degree to the influences of psychic forces? Well, yes. It also means that I am more sensitive than most to the frequencies and vibrations that bombard us every minute of the day and night. Sensitive above the 'normal' range. Sensitive to a degree that I cannot doubt the extra ordinary things into which I tune but which my five "normal" senses cannot report.

People come from far and wide to visit us at Reisha Way. Many confide after the fact that they worried about my "reading their minds." This is a needless concern. I do not read minds; I am sensitive to their pressing concerns. I pick up the auras and electromagnetic waves that surround folks, and extrapolate information from their human imprints. There is a difference. If, however, I find myself an (unwelcome) guest in the mind of another, I leave quietly and without poking around nosily. I stand strongly behind the rights of privacy.

Then, too, I am a channel--a vehicle--who provides the facility through which other beings from other parts of the universe can communicate. It is difficult - but not occult - to come to grips with the concept that one has a life-force or mind or soul separate and apart from the physical body, and that one is capable of lending or sharing the body with another life-force. Yet, this is something that I do as regularly as brushing my hair. I do not view it as extra-ordinary since it is a part and parcel of my almost-daily existence and experienced reality.

Funny. Folks have no problem accepting this aspect of my life when it comes to healing. Let one of the Ogatta group become involved in a leaf healing or a music healing or a manipulation of an ailing part of their body, and the recipient goes into rhapsodies and positive reinforcement of the intervention. It is more difficult -occult?- when they are detached and not involved in a subjective reality. Ah, well...

Yet one must put into perspective the communications with life forms from other spaces and time slots. The interplay between dimensions is not too "far out" to understand when you realize that life in the universe is just a series of mirror images. In a cosmic sense, the life of a star generates the energy upon which life on its planets depends. And...the death of a star produces the elements for the continued development of life in other parts of the galaxy. Our sun was born about 4-1/2 billion years ago. Ours is a second or third generation system. The material we stand on..the iron in our blood..the calcium in our teeth..the carbon in our genes..was produced billions of years ago, in the collapsing interior of a red giant star!



We are what we are because of what has preceeded us. We will be what we will be when we open our minds to the awesome possibilities of our potential. Each of us is a 'sensitive' to a higher or lesser degree. Store this fact in the bank of your memory and let it gather interest.

As our friend Buckminster Fuller said, "99% of all transactions in the universe are either infra or ultra to man's sensory tuning." What is being a 'sensitive'? Tuning in to that 99% of what is all around you--and outside the reach of "normal". How many of us want to settle for being aware of only 1% of what is happening? So..if your psychic radio band is only set on AM..or FM..I once again suggest that you try fine-tuning it to UHF. You may be enchanted by the new music you hear!

POPULATION ΨPDATE

In 1979 the U.N. projected that the population of the planet would reach 11 billion before leveling off in a century or so. The demographers based their studies on existing projections of population on a country-by-country basis, assuming that the energy, food and other natural resources required to support human life would be available in the future. They did not face the incompatibility between increasing population and progressive deterioration of life-support systems. Nor did they factor in the changes of our "Scenario" in their end-of-the-century projection. The most common estimate shows a population of 6 to 6 1/2 billion by the year 2000. We, however, think a prediction of 2 1/2 to 3 billion is more accurate. Many of our learned colleagues think the population will be far lower.

The work to halt world population growth has produced extraordinarily uneven results. Where many developed countries have been highly successful, many underdeveloped nations have been failures. Of the 12 countries with zero population growth in 1983, all were in Europe. Ironically, population stabilization was not a national goal in any of these countries. It followed that as incomes rose and employment opportunities for women expanded, couples chose to have fewer children. The three largest industrial countries, Japan, the Soviet Union, and the U.S.A. appear to be following the lead of the European 12. With annual population growth rates of 0.7, 0.8, and 0.7 percent, respectively, the time is close when their births & deaths will also come into balance.

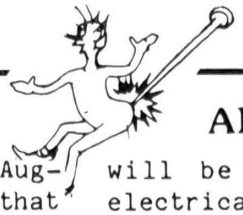
The countries with annual birth rates raging out-of-control (primarily in the Third World) are Nigeria-(3.3%), Bangladesh-(3.1%), Pakistan-(2.8%), Brazil-(2.3%), & India-(2.1%). In actual numbers India leads the list with current annual additions of 15 million more births than deaths. China adds 13.3 million annually despite its ban on more than one child per family. Together, India and China account for over one-third of the world-wide annual increase. Nigeria has 84 million people (less than one-third the Soviet population) yet each year there are 2.8 million more Nigerians, compared with 2.2 million additional Soviets. The U.S. population is four times that of Mexico's, yet the latter grows by nearly 2 million compared to 1.6 million in the U.S.

As world population moves toward five billion, the per capita production of many basic commodities is falling. Where the population is growing most rapidly the efforts to provide jobs and raise living standards is failing most miserably. The failure of many African, Asian and Latin American nations to bring their populations under control is turning the hopes of the people to despair. Our scenario of change projects a much smaller population than the demographers would think going forward into the 21st century.

OLD WIVES TALES: Fact or Fiction?

Swapping old wives' tales with correspondent Anne Marie DeLantey determined that we share with you some of the tried-and-true remedies from all over the world. To prevent colds, or ease them, people from Northern Europe use a sandwich made from butter and finely chopped red onion every day. Polish people boil onions with butter in milk or water and drink as a soup. In the Philippines, some use one whole lemon boiled in water, and cut-up lemon placed on the chest. Also, a deep gargle with plain lemon juice, which you swallow, eases sore throats. (On the other hand, my housekeeper of 19 years always ate a raw onion with vanilla icecream whenever she felt a cold coming on, and she never missed a day's work!)
For burns, plain lemon juice, put on immediately, will prevent blisters, according to the Swiss. Aloe vera juice was often used in the U.S., and raw eggwhite was used in Northern Europe. In earlier times, a burn victim was often placed in a tub of raw eggs; sometimes over 100 were used. Eggwhite, even what little is left in a shell, will seal the burn from air, and prevent pain. (Don't laugh: try it!)

If you have stinging nettle growing, you might try to experiment with it. It is well known in Sweden as an excellent blood-purifier and food. The fibers were used for textiles in weaving long before flax was used for linens. It's one of the best things to use to heat up a compost pile. In Sweden the juice is added to other juices in health food stores. When they are very tender, after a rain or when very young, they can be eaten raw. Cooked, it has a high content of vitamins and minerals, especially iron.



ACUPUNCTURE ANESTHESIA

A headlined article on acupuncture in August's Discover magazine says, "Now that scientists are learning how this fabled therapy of the East works, Western doctors are finding it a useful weapon against pain." It goes on to say, "It is now clear from studies of people and animals treated with acupuncture that stimulating nerve endings with needles releases pain-killing endorphins; these powerful chemicals are produced in the brain, spinal cord, and pituitary gland, and block pain signals to the brain. Finally, there is new evidence that the needles release other substances...mood-altering chemicals and infection-fighting cells...that may justify the use of acupuncture for a wide variety of ailments."

We're delighted with this open-minded evaluation of the ancient Chinese practice of acupuncture, which has been used in the East for more than 4,000 years. During our trip to China in 1978 we spent a good deal of time observing its practice and learning its modern-day applications—particularly as an anesthetic.

Since 1958 the Chinese have experimented on more than 2 million volunteers with acupuncture for anesthetic purposes to be used in conjunction with modern surgery. This procedure is restricted to the relief of pain and the establishment of a degree of analgesia sufficient for surgical intervention without use of general anesthetics. The Chinese explained to us that "acupuncture works through a neural pathway and exerts its effects on both central and autonomic nervous systems. The pain-relieving mechanism of acupuncture probably results from 'stimulation inhibition'. During acupuncture 'stimulation' impulses are transmitted to the brain causing a blockage or inhibition of the cerebral cortex which then does not respond to the painful stimulation." After the acupuncture needles are inserted they have to be manipulated constantly to maintain persistent stimulation & sustained analgesia.

We were then privileged to be among the first non-medical group to observe an operation at the Hung-Hua Hospital in Shanghai using acupuncture anesthesia. Through an interpreter the surgeon explained: "This morning we invite our friends to observe a thyroidectomy. We are using acupuncture as anesthesia for the operation. Two needles will be inserted in the right hand. An electrical stimulator will be used to stimulate the needles. The tumor has been found to be benign; however, we will take a piece of the tissue for another pathological examination. The advantage of acupuncture anesthesia is that the patient knows everything. She will be awake during the entire operation and there will be no pain."

The acupuncturist also said some interesting things: 1) "The recovery time is better when we use acup. anesth. than when we use Western anesthesia." 2) "The choice is the patients' as to which form of anesthesia they take." 3) "If the tumor is malignant, acup. anesth. is NOT used." 4) "If the patient is without full feelings we do not use acup. anesth. We use it currently for about 40% of our operations." 5) "Acup. anesth. can be used on more than 100 different kinds of operations at the present time."

We then observed the entire operation. The woman was laid open ear-to-ear and to the waist! The surgery lasted for roughly 90 minutes, after which time we returned to the briefing room. Twenty minutes later the patient was wheeled in. She was awake and totally alert, and answered some translated questions. "The part where they took out the thyroid tumor is somewhat sore," she told us. "But, there is no pain from the operation." She was wheeled out smiling. (Updater Dr. Lloyd Williams visited us last month and talked about the horrors of anesthesia. He is taking a year away from cardiovascular surgery to study anesthesia since he feels that this is the area which causes more problems to the patient than the surgery itself.)

After the briefing we toured the hospital and observed acupuncture being used for curing and healing many different kinds of ailments. There were hundreds of patients crowding the halls and waiting rooms of the hospital with acupuncture needles sticking out of them. While only two needles were used for anesthesia during the operation we witnessed, there were people with as many as 30 needles in the head area sitting quietly in the halls. No one appeared in any discomfort. It was a sight unparalleled in our experience.

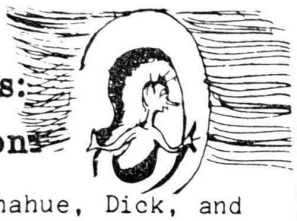
We observed several patients who had come

in to have kidney stones surgically removed, but were passing them as a result of acupuncture stimulation. The explanation was that the needles rebalanced the kidneys (the cause) and so the stones (the effect) were dissolving. The estimate was that this worked in 60% of the cases.

Certainly acupuncture isn't a magic cure-all, but used in conjunction with other medical techniques it can make its contributions. Two conclusions that the ancient Chinese arrived at over four centuries ago are being recognized today the world over and are being incorporated into the healing arts: Disease is rarely localized, but generally affects the entire human being; and disease is often associated with general behavior and emotional states.

"When a person acts without knowledge of what he thinks, feels, needs or wants, he does not yet have the option of choosing to act differently. The option comes into existence with self-awareness. That is why self-awareness is basis of change ... self-awareness is the first step toward genuine, enduring learning."

SUBSCRIBER Scribings: Extrasensory Perception



Updaters Leigh and Dick Donahue, Dick, and I sat over dessert and coffee trying to bring to a bottom line a simplification on extrasensory perception. Leigh committed it to paper, and here is the splendid result for all of you to ponder and share:

That T.V. sitting in your living room. It's just a piece of furniture. An object that you can see, touch or even move from spot to spot. Very much a part of the physical universe. Then you switch it on, and electricity (energy) courses through its system. It is no longer just a physical object. It is a receiver. However, if it is not tuned to a channel, it is just picking up noise. Nonsense -- or rather, no sense.

Now you tune to a channel, and you have a clear view, sight, and sound, of a happening miles or half a world away. It can be an instantaneous view of something happening, or it can be a recorded view, a memory. That, in essence, is extrasensory perception. Extrasensory perception is the broadcasting and/or receiving by a physical body of a modulated signal over an electromagnetic network.

It's not your extrasensory perception; it is that of the T.V. set itself, the physical object responding to the energy coursing through its circuits, and translating the modulations of an electrmagnetic signal to create intelligence in picture and sound.

Do you "believe" that you can tune your television to a specific channel and receive specific information or entertainment from a distant source? Do you "believe" in extrasensory perception? In telepathy? And does it matter whether you "believe" or not? Energy is coursing through your circuits, or you wouldn't be alive. You are surrounded by an electromagnetic network, and bathed in modulated frequencies which quite often dictate your emotions, your thoughts and your actions whether you recognize them or not.

The question then becomes how to use your broadcasting and receiving abilities intelligently. The telephone slogan, "Reach out--reach out and touch someone" is very apt. But don't just reach out. When you reach out, visualize the person you are looking for, yes. But when you find him (using "him" generically) don't try to communicate from that viewpoint. He won't hear you. You are, at that point, nothing more than another modulated frequency, and he is as unconscious of you as he is of the vast number of modulated and unmodulated frequencies that constantly impinge on him. It is his receptors that must translate your modulations into sound and/or sight. When he does, it will seem to him not that he is receiving from without, but that he is thinking and visualizing for himself.

Go inside him. Be him. WARNING: Go in gently. The tendency, even if he is expecting your message, is to throw the intrusion out. So slip in gently, being him, not yourself. Find his receptors and activate them to the concept or message that you want to get across. Use a little emotion--it translates best--preferably confidence and happiness over even such a mundane message as "The sky is blue where (your name) is." (Not "..where I am.") He's getting the message as though it were he doing the thinking...and he knows what the sky is like there. Simple. But it takes practice and patience. Try it. It's going to be important.

MOUNTAIN MUSINGS

Trapping a spring

The mountains at Reisha Way and the site of the S.T.A.R. House contain many natural springs that gush from eight locations on the property. This wealth of fresh water is a priceless asset and was a major attraction during our real-estate hunt. From the time of purchase we committed to use the water from one of these natural springs to achieve water independence for the S.T.A.R. facility.

WATER...WATER...WATER...the most important component of cellular life as it is constituted on planet Earth, and potentially the biggest problem mankind faces in the two decades ahead. We have completed trapping the spring that will supply the water to the S.T.A.R. House by force of gravity. We accomplished this despite the heavy rainfall that prevented site work from being done in June. (The steep grade of the location must be sufficiently dry to allow the bulldozers to maneuver without sliding.) It was a most interesting process and a real learning experience for Greta and me.

The Soil Conservation experts in our area were most helpful and cooperative. They came, surveyed the spring, estimated the flow and drew up a working plan. To determine the pressure the flow would generate we gauged the number of feet the water would drop from its source to the S.T.A.R. site. (A rule of thumb is to generate one pound of pressure for every two feet the terrain drops.) We estimated the facility would need 30 to 50 pounds of pressure. Then, with a hands-on approach that included using shovels, they supervised and directed the backhoe operator in the delicate task of exposing the spring without diverting or burying it.

The big steps involved in the project were: 1) Cut a "V" shaped basin with a backhoe to catch the moving spring. 2) Run the open spring through a 5-inch black slitted plastic field drain into a 2-foot by 2-foot distribution box. 3) Cover the field drain and surrounding area with 1"-3" of 3/4" stone, thus making a sieve into the slitted pipe. 4) Cover the stone with thick polyplastic, preventing dirt or foreign matter from getting into the spring. Cover with dirt and seed. 5) Dig a diversion above the spring to run the ground water away from the spring. 6) Connect a 2" PVC pipe from the distribution box into a 1000 gallon steel, glass-lined reservoir. We brought the water in at the bottom and had the overflow at the top, thus insuring a turnover of water within the reservoir several times per day. 7) Pipe the water from the reservoir to the S.T.A.R. site through a 2" PVC without a break in the flow. A break in the flow at any point would bring the gravity flow pressure back to zero.

Well, we did it all. The heavy equipment operator cut a 1200 foot road from the reservoir to the S.T.A.R. site in which to bury the 2" PVC pipe. We currently have a standpipe rising out of the ground at the site which, when you open the two valves, shoots a stream of cool, fresh spring water a distance of 20 feet. It's a sight to behold... and taste...and enjoy.

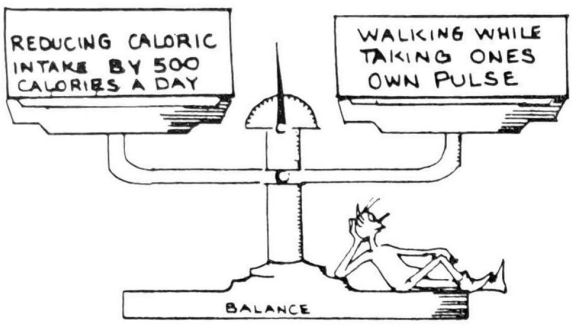
As a fringe benefit we created a bass fish pond from the overflow of the reservoir and spring. The pond will be an added source of protein in the days ahead, as well as a thing of beauty and a recreational sport-fishing spot. It's wonderful being a 'new age' mountaineer!

On MULTIPLE STAR Systems

The first time we ever gave any thought to stars being multiple systems rather than independent cosmic bodies was when the Ogatta group told us that theirs was a binary, or twin-star system. Both stars follow an orbit that produces a total eclipse once every 400 years for the inhabitants of the Ogatta jorpah. The eclipse lasts for one year, during which time many normal activities are curtailed because the energies reaching the planets change dramatically. (It is the energy from the sun that provides all of the life-giving resources to planet Earth.) Further study revealed that more than 50 percent of the stars catalogued astronomically are part of multiple-star systems. The sun's closest neighbor, Alpha Centauri, is a triple-star system.

Now astronomers at both the Lawrence Berkeley Laboratory in California and at the University of Southwestern Louisiana believe that our solar system could be a two-star system. It is conjectured that the sun has a smaller companion star with an elliptical orbit that brings it catastrophically close to the sun every 26 to 30 million years. Scientists hasten to point out that this is purely conjecture, but they are searching the star

catalogues and the heavens for a nearby "red dwarf" or "black dwarf". Lending some support to this theory is the recent statistical analysis done by life scientists at the University of Chicago covering fossil records over hundreds of millions of years. They found that many families of marine vertebrates, invertebrates and protozoans appear to have died out suddenly in 12 "extinction events" occurring at intervals of every 26 million years. Since they could find no credible biological explanation for this lethal cycle they reckoned the answer was more likely to be found in space.



The Balance Sheet

As most of you know, I have humanly fought the weight gain of the last cosmic weight-pump unsuccessfully. There are many roads down the mountain to weight-loss. I know. I have tried just about all of them. When following a 'fad' route, I reached my goal and then started right back up the mountain. After much time and effort, however, I've come upon a sane solution which works, and I want to share it with you. I can speak positively of Dr. Gerard Musante's system which finally allowed me to shed 30 pounds in half as many weeks. All you need is will power, good walking shoes and a watch with a sweep-hand.

I always figured that if the good Lord had meant for me to walk, there would have been wheels placed at the bottom of my feet for that purpose. Then I discovered "aerobic walking": 20-30 minutes a day, no less than 3 consecutive days a week, no more than 5 times a week. Not so terrible! (I do it with a delightful Updater at 8:30 A.M. on Reisha Way in-roads and mountain paths.) Combined with simple caloric reduction, it worked and is still working for me. Diet-wise, the formula for estimating the approximate number of calories required to maintain a specific body weight is weight multiplied by 12 for women and by 15 for men. To lose a pound of fat you must eat 3,500 calories LESS than the maintenance number during the week..or 500 calories LESS per day for the 7 days.

Insuring that you are pronounced fit by your physician and have a sound EKG readout, the exercise part works as follows: You must find your personal "Target Heart Zone" and know what your resting pulse is. These differ from one person to another, but let's use the example of a 45-year-old person in good health. The rule of thumb is to subtract age from the magic number 220. 220-45=175. The result is multiplied by .70% and .85%, retaining **only the first three numbers** of the answer: 175x.70=122 and 175x.85=148. These first three numbers, 122 and 148, represent your "Target Heart Zone (THZ): the 70% to 85% of your maximal heart rate zone. When reached, it not only provides a significant conditioning effect on the cardiovascular system and promotes fitness, it is an absolute aid to major weight reduction when combined with properly reduced caloric intake daily.

Know your "resting pulse"? Take your pulse (at wrist or neck) and let's say that it's at 15 beats at the end of 10 seconds. (I prefer to take a pulse for 10 seconds and then multiply by 6 for the minute-pulse which in this case would be 90.) Following our 45-year-old with a THZ of 122-148, this person with a regular pulse of 90 would have to walk at a crisp speed to bring his resting pulse of 90 up to a pulse of no less than 122 and no more than 148. (After walking 10 minutes, stop and check the pulse for 10 seconds). Walking less than 20 minutes or more than 30 minutes within your THZ doesn't do you any good. So it is easy, it is quick, and it is effective. (For a 10-second check, the 122 is divided by 6 to equal 20 and 148 is divided by 6 to equal 24. I.e., bring that normal pulse-rate of 15 up to between 20 and 24 in your walk. You only have to figure it out once to know what the #'s are for your 10-second check.)

The bottom line is this: Know your normal pulse at 10 seconds. Find your THZ and reduce it to a 10-second set of numbers. Remember to warm up before and warm down after your minimal-20 to maximal-30 minute aerobic walk. Check your pulse midway. Reduce your food intake by 500 calories per day, eliminating sweets and as much salt as possible and shed a pound a week. Oh, and enjoy the new you!

"Man's Inhumanity to Man and Nature's Plan"

Approaching World Bankruptcy

The debt structure, both in the U.S. and around the world, could be the trigger that provokes a massive revision of the international monetary system. The world's present total of between $600 and $700 trillion in dollar-denominated debt requires $600 to $700 billion in new money (at a 10% annual rate of interest) just to pay the interest. The $1.5 trillion in U.S. funded debt alone will require $150 billion or more in new money for interest payments.

This is not the first time in this century that the world has found itself under enormous financial strain. The burden of the debt required to finance WWI was overwhelming. It led to the market crash in 1929 and to a permanent moratorium of ALL international debts prior to 1931. In the terms of business, the whole world declared bankruptcy in the early 1930's and went into liquidation. Today's circumstances are almost identical to those of 1929 except that another dimension has been added to the problem: the massive, persistent and escalating deficit financing of the welfare-warfare state.

We have reached the point in our national life when our numbers are becoming totally skewed. There are only 71 million Americans paying taxes while 81 million people live off the government. Approximately 56% get a government check, with 25% more indirectly dependent. At the federal level there are currently 5,500 unelected bureaucrats for every elected official. The compounding interest on the federal debt is so wildly out of control that its growth exceeds even the most ambitious of federal budget cutting plans. Interest on the federal debt will eventually consume everything as it moves from being the third largest item in the federal budget to being second or first. It is, as New York's Governor Mario Cuomo stated recently, "A mortgage on our children's future."

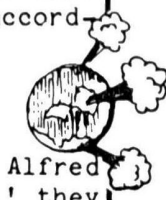
If we open our eyes to reality we will find the banking system is completely illiquid and loaded with bad loans, the international debt situation is in shambles, corporate mergers and takeovers are running wild, and the financial markets have degenerated into glorified gambling casinos. The consequences of these situations will make the job of the man elected to the U.S. presidency in 1984 mighty unpleasant and the man himself very unpopular.

On the FINANCIAL PO$ITION of the U.$.A.

Budget Director David Stockman recently told a Congressional committee, "I don't think there is anybody on this committee who could think of enough taxes to raise or enough spending to cut or even offset this explosion of debt service cost. We are in the same position that many companies are in when they are on the eve of Chapter Eleven (bankruptcy)."

Meanwhile, the banking industry insists that default on loans to underdeveloped countries is nothing to worry about. At least that is the industry's public stance. In private, however, three trade groups...the Bankers Association for Foreign Trade, the Association of Reserve City Bankers and the American Bankers Association...have started working together to find a way to head off an avalanche of LDC (Least Developed Country) defaults.

We can't run our lives in anticipation of an imminent U.S., and therefore worldwide, financial debacle. There must be an assumption of continuity so that we can budget our homes and businesses. However, evidence is piling up to suggest that we are on the brink of a significant change. It is wise to heed the signs and to plan and act accordingly.



Geology Update

As scientists learn to work with Alfred Wegner's theory of 'plate tectonics,' they are discovering much about the earth that may help them predict future changes. A huge submarine valley, as big as the Grand Canyon, was discovered in the so-called Sagami Trough, where the Eurasian Plate on which the Japanese islands sit meets the Philippine Plate. The Sagami Trough is very active geologically and has housed the epicenters of many major earthquakes, including the last great earthquake that shocked Tokyo in 1923. Experts called the discovery unparalleled and said it would contribute greatly to future studies of earthquake prediction. The research that discovered the huge submarine valley was part of an earthquake prediction program conducted by the Japanese.

PSI PHENOMENA

Interest in Washington in parapsychology research has increased, both at the Pentagon and U.S. Intelligence agencies. This 'heightened awareness' is brought on by the recently prepared report by the Congressional Research Service, an arm of the Library of Congress. The Research Service concludes that "psi phenomena" can be applied in fields such as education, medicine, geological exploration and business management. A second reason for the increased interest is that Senator Claiborne, D-R.I., ranking Democrat on the Senate Foreign Relations Committee, held discussions with Soviet researchers in the parapsychology field during a recent visit to the Soviet Union. He found, and had confirmed by the Congressional Research Services report, that the Soviet Union is spending tens of millions of dollars on 'psi research', while expenditures in the United States do not greatly exceed $500,000 a year, with most of the money coming from private sources.

We're glad that Sen. Claiborne, et al, are coming to recognize precisely the work that S.T.A.R. Foundation, and others dedicated to understanding psi phenomena, are doing.. and have been doing..for many years.

"Birth" Control

"Will it be a boy or a girl?" Well, there is a 50% chance of a right guess...unless you consult Eugen Jonas, the Czechoslavakian psychiatrist. He has made a study of lunar rhythms and makes it possible to predict the sex of a child with over 95% accuracy! The method is based on the moon's position in the sky at the time of conception. His thesis goes back to traditional, classical astrology involving zodiac zones, each of which, apparently, has a polarity, or sex. Jonas has discovered that "..intercourse leading to conception at a time when the moon was in a 'male' star zone produced a male child." Lyall Watson writes: "At a clinic in Bratislava, Jonas made the necessary calculations for 8000 women who wanted to have boys and 95% of them were successful. When tested by a committee of gynocologists, who provided only the time of intercourse, he was able to tell the sex of the child with 98% accuracy." Thumbs up for a picture of astrology above and beyond star-gazing and horoscopes!

"New Age thought is concerned with living in greater harmony with the natural environment, finding harmless, more loving relationships with one's fellowmen, working toward inner spiritual completeness, and being responsible for one's own life rather than yielding that responsibility to experts."
-The Ultimate Frontier

S.T.A.R. Activities

Reisha Way opened its arms to welcome the Roots (NC), Majewskis (CA), Williams (TX), Zells (NY), and 9 returnees from all around the globe. They all had a chance to see that - despite the inclement weather - the site and foundation for The S.T.A.R. House are finally bulldozed...and the heavy equipment is humming.

A question: Will you support S.T.A.R. in a painless manner and help us expand our subscribership? An answer: Just **fill out the enclosed card** and mail it right back to us? (Outside USA, please put on your own local stamp.)

Kobunsha Publishing Company is in the process of translating ON A SLIDE OF LIGHT into Japanese. We are delighted that the book will have a whole new audience, and we can only hope that the distribution will be of major proportions. Love and thanks to the "Powers that be" for putting this into motion!

Koinonia Foundation is bringing Greta to The University of Maryland (UMBC) in Catonsville, Md., to deliver her presentation on Friday night, Sept. 28th, at 7 P.M., in Lecture Hall #2 in the Chemistry/Physics Building. An SRO crowd is anticipated, so come early if you or your friends plan to join us. (Call (301)-486-6262 for further information, reservations, or directions.) We look forward to greeting many of our Updaters from the Washington/Maryland areas.

...and then...

After going on safari with the Young Presidents Organization, Greta will lecture in Johannesburg, South Africa, for the Y.P.O. European Area Conference, Oct. 29-31.

The Woodrew Ψpdate: A S.T.A.R. Foundation publication. 1 year subscription with donation of $25 or more to S.T.A.R. Back issues: $4 each.
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HAPPY THIRD BIRTHDAY TO THE WOODREW ΨPDATE!

The WOODREW Update

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"CELEBRATE YOUR SELF"

There appears to be a desperation in the many calls, visits and letters received of late. The stresses of life seem to be mounting..increasing..getting out of hand. It doesn't matter the age bracket or the economic station, the sex or the education, either. Life is becoming more difficult as the energies playing upon our little planet change in preparation for the "New Age." We lose sight of our real self. Let me try to give you a handle:

I have a sense that many are experiencing a dissatisfaction with who they really **are**. Or, more aptly, who they **appear** to be. Why this discordant note from people all over the globe? Feel right about your self and you feel right with the world. There are many books out today which deal with self imaging and how to free the "real You." Most of us rarely face our two selves: the Public Self and the Real Self. Two separate entities, different and apart, one from the other. But a lack of awareness of this schism is not giving yourself a choice. And we all have a choice as to which self we choose to live with most of each day. The truth of the matter is that most of the time we live with the Public Self... even when we are alone. "What will people say?" is a question that bothers all too many. And, we think, most folks will judge us more gently if we present that Public Self rather than the Inner Self. Many go through life never sharing the Inner Self with another human being.

Do you know who you truly are? Why, you are a miracle! You are one-times-one in the Universe. Unique! Special! And you, and you alone, write the scenario to your inner peace. The path requires awareness...courage...decision-making on your own...and action. If you live a life based on the You that was formed by what others saw and described about you, then you are living a life formed on belief systems not your own. Think about that. You limit all of the options which could be yours if your self-imaging is negative, inadequate, destructive. False. At the dawning of 1987, perhaps the best gift we can give to ourselves is an **interior** decorating course! A do-it-yourself kit. Enjoying life is a gift only you can give yourself...your Real Self.

I guess what I want to say to you at the start of the year is this: Examine who you really are. Face what you cannot do and what you will not do. Evaluate your realistic self expectations. Nurture your Self on what is right about you rather than what is wrong. Drop the words 'should' and 'must' out of your vocabulary and replace them with 'choose' and 'want.' Be gentle with your Self. (Why shouldn't you treat yourself as you would a cherished friend?) Stay in close touch with your five senses - and the senses beyond. Indulge your curiosity...creativity...spontaneity. Join hands with the Real You and **know** who that is. As Dorothy Briggs said in her book of the same title, CELEBRATE YOUR SELF.

You are a child of the Universe! Distinct and apart from any other living being on the planet. Validate that thought. Be at ease, not at dis-ease. And above all else, be happy. Be healthy. Be glad to be alive in this exciting time of change and transition, of birth and rebirth, of new paradigms and higher consciousness, on Spaceship Planet Earth.

"Look for
Your stars,
Not your scars."

And...have a wonderful New Year!

We announce with great joy the engagement of our son, Alan, to beautiful Anne Wulff of Orlando, Florida. Summer wedding bells!

A Star Is Born

In the Universe there is Birth..Life..Death.. and nothing more. Lifespans vary from billions of years for stars and galaxies to a billionth of a second in sub-atomic particles. We humans fall somewhere in between with our three score and ten years. As our view of the Universe increases due to technological advances, we are able to observe cosmic birth-pangs. Here is how Science News reports on the birth of a star:

"Birth is an exciting process, especially when no one has ever seen it happen before. The developing embryo lies wrapped in clouds of gas and dust 500 light-years away, near the bright star Antares. The mother, the constellation Ophiuchus in the Milky Way galaxy, will endure birth-pangs for another 100,000 years before delivering a star about the size of our sun.

First detected in the galactic womb by the Infrared Astronomical Satellite in 1983, the embryo contains about one-fourth the mass of our sun but lies at the center of a cloud of gas and dust 100 times the size of our solar system. For the first time, astronomers can see that the inner cloud is falling into the star, adding to the embryonic star's size and mass and making it glow 20 times brighter than the sun.

Astronomers don't know what mechanisms trigger the collapse of galactic clouds to form stars but they know that this collapse will end in about 100,000 years, when the embryo will have collected most of the matter in the immediate area. The infant star will then emerge from its surrounding clouds, and future astronomers can pass around cigars. According to an astronomer at the University of Arizona, the large, hot infant will begin to cool and contract for 1 million to 2 million years, until its density causes nuclear fusion to replace gravitational pull as the main source of luminous energy. By then a juvenile, the star can look forward to an adult life of about 10 billion years.

FOR YOUR GOOD!

We are always interested in what Dr. Norman Shealy has to say. We had the opportunity to one-on-one with him and his delightful wife, Chardi, at the S.T.A.R. House for a few days last month. From his Holos Practice Reports he commented on irradiation of foods, confirming much of what we already reported to you. An adjunct in his recent issue quotes Catherine Frumpovitch, Ph.D., legislative advocate for the Coalition for Alternatives in Nutrition and Healthcare, Inc., who cautions: "It is recommended that foods not be cooked in tin, copper or iron pots. Aluminum particularly should be avoided. Do not use aluminum or tin foil for cooking in any manner (i.e., wrapping foods, fish, potatoes or other vegetables, lining pans, or as pre-measured parcel packs for oven baking or cooking.)

The following are suggested types of brand names of cooking pots and pans: 1) White Corning glass for oven or stove top. 2) Pyrex for oven baking. 3) LeCreuset or Copco (true enamel covered iron cookware) for stove top or casseroles. 4) Heavy duty stainless steel (watch for use with acid foods.)" Dr. Frumpovitch also puts thumbs down on microwave cooking: "Foods cooked in microwave ovens are affected by free radicals and these accelerate ageing and causes of serious diseases."

In a MOTH'S EYE

Man has been making technological progress since the modern age began by imitating the biotechnology of nature. The aerodynamics of flight mimic the bird kingdom, and the new field of infrared-imaging takes a page out of the book of the insect kingdom. Now, the moth is making his contribution to the progress of man. The moth's eye, unlike most other types of eyes, reflects no light that could betray its whereabouts. The surface of the moth's cornea, which resembles a carton of microscopic eggs, is perhaps the most anti-reflective structure known, or at least it is so reported in Business Week of November 17th.

The structure piqued the interest of engineers at a consulting company in Princeton, N.J. who were looking for a technique to improve the performance of optical-disk storage systems. They duplicated the moth's cornea structure on the surface of optical disks. Because these disks absorb all of the light from the lasers used to record digital data, a laser of much lower power will do the job. That trims the cost of the disk-drive system. The company is now putting its **moth-eye** technology to work in nonglare films for windshields, automobile instrument panels, and computer screens.

A HOLOGRAM (not a HOLOGREMLIN!)

In our living room hangs a beautiful hologram from the Paris Museum of Holography, a spectacular gift from three wonderful Philadelphia Updaters. People exclaim excitedly that they see one, two, three or four forks jumping out at them, depending on where they stand. Do you know what a hologram is? New paradigms and new paradoxes literally are springing from holograms and holographic thinking, opening a bright window to a better universal understanding.

We were introduced to holograms in the sci-fi movie, STAR WARS. Three dimensional images of absent characters were projected into the plot to give an omni-presence to the antagonists. Holography is a method of **lensless** photography. Conventional photographs record the light scattered from an object and focus it onto a strip of film. The result is a flat plate and a discernable image. Holograms record the interference between the light scattered from the object and some of the same light directly from the source illuminating the object. Holograms are recorded without a focusing lens. The resulting plate appears as a meaningless pattern of swirls. Only when you place the hologram into a beam of light that is the same as the original beam of photographing light (coherent and in phase) will the imaging wave pattern be regenerated; in THREE dimensions; not flat.

The exciting part of the process is that ANY PIECE of the hologram will reconstruct the ENTIRE IMAGE. The hologram of a flower, with all of its inherent beauty, will appear as a tangle of interfering wave fronts until a coherent beam of light strikes the plate. Then, the flower will jump out in 3-D glory and seek to involve your senses of touch and smell. The amazing thing is that the **whole** is in **every part!**

Think about this. The pattern on the holographic plate has no space-time dimension. The image is stored everywhere on the plate. A feature of the hologram is its efficiency. Billions of bits of information can be stored in a tiny space. John Welwood, in The Holographic Paradigm, a series of essays, interviews and thoughts on the impact of holograms, says: "Holograms are defined primarily as ways of storing information in terms of a network of interference patterns, which represent the interaction of energy frequencies, such as light waves. These patterns are recorded in the hologram in a way that does not literally resemble the objects they represent. Rather, these interference patterns make up a 'holographic blur' which has no recognizable form, but which contains numerous bits of information about the whole pattern in every part of it."

Stanford neurosurgeon Karl Pribam saw the hologram as an exciting model of how the BRAIN might store memory. In Pribam's studies it appears that in order to see, hear, smell, taste, the brain performs complex calculations on the data it receives. These mathematical processes have little commonsense relationship to the real world as we perceive it. He found that specific memories are incredibly resistant to brain damage. Removing a hunk of brain tissue (or injuring one or another portion of the brain) does not remove a particular set of memories. In some way memory must become "distributed"...the experienced input from the senses spread over a sufficient expanse of brain to make the memory of that experience resisitant to brain damage. The holographic supertheory says: "Our brains mathematically construct 'hard' reality by interpreting frequencies from a dimension transcending time and space. The brain is a hologram interpreting a holographic universe."

English physicist David Bohm postulates an intertwining and enfolding universe in which there is an undivided wholeness. The physical universe seems to be a gigantic hologram. This he names the IMPLICATE realm, from the Latin implicare=to enfold, involve. The physical entities that are separate and discrete in space and time he terms the EXPLICATE realm. In Bohm's terminology, under the EXPLICATE realm of separate things and events, is an IMPLICATE realm of undivided wholeness. This implicate (enfolded) whole is simultaneously available to each explicate (separate) part. Bohm concludes that physical entities which seems to be separate and discrete in space and time are actually linked or unified in an implicit or underlying fashion. Physicist Bohm turns philosopher when he says, "What is manifest is the outcome of what is not manifest. Anything that

can be put into thought is limited. The point of the manifest world is to have separate units. In non-manifest reality it's all interpenetrating, interconnected in one. So we say deep down the consciousness of mankind is one." (Not a bad thought for a New Age.)

When we sleep at night - perchance to dream - we travel 'out' to far-away places, unbounded by space and time. If our brain is a hologram, as the brilliant Dr. Karl Pribam postulates...and we live in David Bohm's IMPLICATE realm, also a hologram... then is it not possible that our dream-travels project the 'real us' holographically? Spielberg was able to project his fictional characters to other locations photographically. With the evolution of the human species we should be able to project our image... and our consciousness...limitless distances. The hologram could be the vehicle making cosmic travel a reality. Holography! Is it a golden technology for an evolving mankind?

The Many Facets of CRYSTALS

(Marcel Vogel helped me find a 'perfect crystal' which sits on my table, casting beautiful rainbows. I have not worked with it. Many of you have requested information on crystals. Since it lies outside our sphere of knowledge, we asked our "stringer", Updater Cheryl Ackerman, to research the subject. Her result follows:)

Quartz crystals amplify and transmit energy. When placed on or near our own crystalline structure, they raise the frequency of our energy body. Interest in the use of quartz as a healing agent is steadily increasing. Crystal is also used as a tool to promote awareness and inner growth. The American Indians have a rich tradition of using stones for healing, protection and meditation. In the Apache tradition the smoky quartz represents the feminine energy, the clear quartz stone, the male. Every Apache receives a set of stones at birth, and both stones are used to maintain balance and an attachment to the living earth Mother. The Cherokee believe that all history is recorded within the crystal.

There is a "right" crystal for each individual. You will respond to a crystal naturally. When held in your left hand, it should warm up quickly. Hold the thought in your mind that you are searching for your own crystal. Finally, trust your inner feelings when choosing your stone. (Greta confirmed that a crystal "jumped into her hand from a pile" when she and crystal expert, Marcel Vogel, were seeking one out for her in Colorado.)

Since the stones absorb thoughts and feelings, it is important to cleanse and clear all the stones you acquire. Hold them under cool running water for a few minutes and then place them in strong sunlight for 15-30 minutes. Alternately, you can smoke them in sage and cedar chips, rinse them in sea water, bury them 12" in the earth, dip them in vinegar or bathe them in wine. The point is to "clear the stones" of all previous vibrations. Keep the stones near you, anywhere that you spend long periods of time. It is important for the stone to become familiar with your electromagnetic field and vibrations. Store in natural fibre containers, boxes or pouches. Keep stones with very high energies in wood or pottery containers.

To use the stones, direct your attention into the crystal while concentrating on a desired thought. Program the stone with your intention. Hold this thought, breathe and focus on the thought as clearly as possible. Suggested uses for your stones are as a tool for energizing and cleansing your living and working environment, enhancing dreams, increasing your natural abilities. As a tool for balancing yourself and others, allow the crystal to lie flat in the palm of your hand with the point resting toward the end of the middle finger, then rotate it above the area to be aligned. Focus on the energy coming through the crystal, through the middle finger, and direct that energy to the unbalanced area.

Finally, it is very important to cleanse the stone before and after using. All crystal will attract and radiate energies that are put into them, good or harmful. Clean them often by breathing deeply on them. The energies of the heart and throat clear and cancel cruising and unwanted energies. Crystals can resonate at high and stable vibrations, so handle them with care.

A Second Glance

Many times, when introduced to a new subject, we read material that simply passes us by. After our understanding of the field has expanded, the same material opens new doors of understanding. Such was the case with the book "To Men On Earth" by Daniel W. Fry, Ph.D. I read this book early in our relationship with the Ogatta group. Much of what was written seemed very esoteric and beyond my reality. It tells the story of the interaction between Dr. Fry and a spaceship of extra-terrestrial travelers at the White Sand Missile Proving Grounds near Las Cruces, New Mexico from 1950 to 1954. In review, there are some powerful messages:

- "Our ship like all interstellar vehicles, is equipped with a completely enveloping field mechanism. One of the functions of this field is to absorb all forms of electromagnetic radiation, from radiant heat to cosmic rays, and to convert their energy to a stable form suitable for storage and later use. The rate at which the field can absorb and covert energy is almost unlimited so that no amount of heat or other forms or radiation reaching the ship will have any measureable effect upon it or its passengers."

This description of a field to absorb harmful EM radiations was discussed at both S.T.A.R. conferences by Drs. Puharich, Beck, Bearden and Kelly. Several of them are developing devices to capture harmful ELF emissions pulsed into our atmosphere both intentionally and as electrical fallout. The devices neutralize ELF radiations, thereby removing any negative effects to the person. While the magnitude discussed in clearing a spaceship for cosmic travel is far beyond the ELF pulsers, the principle of cleaning an environment of harmful EM radiations coincides. And, it lends great credence to the work that our four friends are doing so selflessly.

In another paragraph, Fry's contacts discuss the infra-red emissions given off by all physical objects. Sensitives see them as auras. Currently, medical technology is making inroads into infra-red imaging (which we wrote about in the Nov/Dec 1985 Update.) While the space travelers' explanation may be more technical than we usually print, the information is very good:

-"Most matter is opaque to light because the photons of light are captured and absorbed in the electron orbits of the atoms through which they pass. This capture will occur whenever the frequency of the photon matches one of the frequencies of the atom. The energy thus stored is soon re-emitted, but usually in the infra-red portion of the spectrum, which is below the range of visibility, and so cannot be seen as light."

On another occasion Dr. Fry asked if they would communicate certain information to him telepathically "..if I close my eyes and concentrate." Their response is worth sharing: -"Do not concentrate! Concentration is the attitude of transmission and is almost a complete bar to reception. To receive properly you must achieve a state of complete relaxation." Telepathy isn't extrasensory at all. It is just as much a part of the body's normal perception equipment as any of the others, except that during one phase of the development of the race it falls into disuse because it is a rather public form of communication, and during this phase of development, the individual requires a considerable degree of privacy in his words and thoughts. Most of our animals use the sense to a greater degree than our people, and for some of your insects, it is the only means of communication."

It is always a bonus when we comprehend information previously out of our range of understanding. It gives us some yardstick of our progress...

SUBSCRIBER SCRIBINGS

Many of you responded to the article on H202 in the last Update. We appreciate your keeping us informed of any results you get from going onto an H202 regimen so that we may pass it along. In a letter from Canadian Updater nonagenarian C.L.Armstrong one line stood out: "I recall how my father told of his life being saved from blood poisoning by (injection) of H202 about 1890, I think."

A growing Update family compels us to send **just one renewal notice** in 1987 and henceforth. Complimentary copies will be discontinued, so please resubscribe when your form arrives with your newsletter! Thank you VERY much for your cooperation.

"Man's Inhumanity to Man..."

From CSIS AFRICA NOTES we learned of the twenty-second Assembly of Heads of State of the Organization of African Unity, held in Ethiopia from July 28-30, 1986. Our papers are so full of the condemnation of South Africa that they find little room to touch on some of the barbaric practices going on in Black Africa. "Uganda's new president, Yoweri Museveni, criticized the OAU's membership for doing nothing while some 750,000 Ugandans were killed either directly or indirectly by a succession of regimes during the period since independence in 1962. Tyranny, he said, is color-blind and is no less reprehensible when it is committed by one of our own kind. He warned that African silence in the face of gross abuses undermines Africa's moral authority to condemn the excesses of others, like the Pretoria regime." Amen!

★ ★ ★ ★

If any of you wonder about the liklihood of a nuclear holocaust consider the following paragraph from Harrison Rainie's column, Capital Stuff: "Senator John Glenn (D-Ohio), former astronaut and a respected Senate expert on nuclear nonproliferation, has revealed that previously unreported data show that there were **151 significant nuclear safety incidents** in 14 countries between 1971 and 1984--and that does not include the USA or USSR." Unless we learn to control our 'peaceful' nuclear efforts there will be little to choose from between nuclear reactors and nuclear bombs.

☆ ☆ ☆ ☆

From the NEW SCIENTIST of September 4, 1986: Chernobyl, New Fact: "The searing hot reactor core was NOT damped down by 5000 tons of sand/boron/nuclide absorbents, airlifted by gallant helicopter pilots, as widely has been reported, but: "The reactor core was blasted by the first explosion a kilometer away and it did not melt down - but shattered - due to the speed of the temperature rise." Chernobyl went "prompt critical" to the consternation of the Soviets who had believed this impossible, as only NUCLEAR BOMBS are meant to go "prompt critical." Chernobyl almost emulated Hiroshima. Only the residue of the reactor was subsequently smothered by sand, etc.; the virulent radioactove fragments were scattered in a devastating lethal arc, permanently radiating.

On Chernobyl repercussions: In early October the Spanish authorities imposed a complete ban on shooting and eating ducks. These migratory water birds, returning from their summer migration to the Ukraine, were tested to be highly radioactive. Spanish TV and other media carried the warnings. On the Soviet Submarine that sank off the eastern coast of the United States on 10/6/86, English publication Viewpoint Aquarius had this to say: "The submarine had just left base and was carrying enough Uranium 235 for 150,000 cruising miles; ordinarily the dangerous fuel would have gradually been dissipated widely during the submarine's operational tour; now it all, plus its 16 nuclear missiles, are concentrated; virulent for hundreds of centuries; radiating constantly.

The 2 pressurized water reactors are strongly protected against pressure rising from **within** the complex; sunk in 18,000 feet, it is now unremittingly subjected to intense water pressure from outside, and has not been designed to withstand such strain. How long before it caves in? Before the heat-generating Uranium causes melt-down/explosion? There have already been 18 major accidents/sinkings of Soviet nuclear submarines."

More on FOOD IRRADIATION

Proponents of food irradiation recently gained important ground. Responding to petitions by food processors and irradiation companies, the FDA expanded the list of foods approved for treatment to include all fruits and vegetables. The maximum permitted dosage of gamma radiation is 100 kilorads, considered to be relatively low. To give you a handle on what they are talking about, radiation received by food is measured is RADS, an acronym for Radiation Absorbed Dose. A thousand RADS equal a kilorad. As a reference point, one kilorad is approximately 100,000 times the amount of energy to which a human is exposed in a typical chest X-ray. We're happy to say that some public interest groups, such as the Health & Energy Institute in Washington, D.C., oppose food irradiation on the grounds that not enough is known about the effects of eating treated food. (The FDA maintains that although some chemical by-products are created, the amounts are too small to be a danger.) Maybe it's time to write to our Congressmen and Senators, strongly expressing our opinions of food irradiation!

Humming Along!

Good things come in small packages. One of the greatest gifts I ever bought for myself was a hummingbird feeder to hang on my office's terrace. It took a **long** time for a pair of tiny green-breasted, ruby-throated hummingbirds to dicover the sugery liquid I prepared for them. Once found, they made the feeder 'home.' All summer long they have given me untold joy in their comings and goings as their rapidly beating narrow wings carried them, humming in flight, to the feeder. Then suddenly, they were gone. Four, five days...no birds. I was told that they had migrated 'on schedule.' A week, two weeks...no birds. Sadly, I kept hoping they would return with their daily dances, but it seemed that they had indeed left for the winter.

Dick walked into my office to catch me gazing wistfully out the window and I sheepishly grinned and said, "Ah, I just keep hoping to see them one more time...you know, to say goodbye." As if by magical command, suddenly the two tiny creatures appeared, wings beating. They did not go to the feeder as was always their wont, but rather hung in the air outside my window, humming and beating, five feet from the feeder and directly in front of me. And then they were gone. For good. Today, a month later, I smile each morning as I enter the office, preferring to remember the episode as their farewell, meant especially for me. If you have a better idea, please don't tell me.

From Jefferson to Carter

Not everyone who ridicules a NEW idea falls into the 'closed mind' category. Thomas Jefferson, our third president and primary author of the U.S. Constitution, was certainly no intellectual reactionary. But even he ignored the facts when they stretched his view of reality beyond its broadest limits. From the book, MIND WARS, by Ron McRae, we quote: "I should rather believe the gentlemen lied," President Jefferson reportedly said, "than believe that stones fell from the sky." Thus ended the first government investigation of unidentified flying objects more than 160 years before the air force closed the books on Project Blue Book.

The gentlemen returned to Harvard. The meteorites Jefferson sent them to investigate stayed buried on a Vermont farm. The question of how the government, the public, and other scientists should react to evidence that challenges the conventional wisdom remains. Scientists and presidents, it seems, are no less troubled than investigative reporters or the police when confronted by the unknown."

McRae also called our attention to the difference between the standards of radiation allowed by the United States and by the Soviet Union. "Just before the Carter inauguration, the KGB abruptly turned off mysterious microwave radiation that the KGB had beamed at the U.S. embassy in Moscow since the mid-sixties. The radiations fell well under the U.S. standard for a health risk, but exceeded the much lower Soviet standard." We agree with the Soviet and Chinese radiation limitations and would lobby our congressmen to reduce the levels of allowed fallout from U.S. electronic devices.

ADDENDUM to your CPR sheet

"DO-IT-YOURSELF CPR" might save your life. For this reason the Red Cross has included "Cough CPR" in its official CPR guidelines. We pass it along (to attach to the Update Emergency Extra enclosed in your July/Aug. '86 issue.) Scenario: You suddenly realize you're having a heart attack. Since cardiac arrest halts the flow of blood and oxygen to the brain, you've got about 10 or 15 seconds before you black out. A few extra moments can make a life-or-death difference. Here's how to **gain a minute and a half or perhaps longer.** If you begin to faint or lose consciousness, JUST START COUGHING, VIGOROUSLY AND FREQUENTLY (about once every second.) "The coughing will cause the muscles of the abdomen and chest to contract in such a way as to keep blood moving through the heart and to the brain," says chief cardiologist John Criley at the Harbor UCLA Medical Center. "Our experiments have shown that the technique can maintain blood flow to the brain at levels equal to or greater than a normal heartbeat, and that consciousness can be maintained for a minute and a half, possibly longer."

Congratulations to our stringer Leigh Richmond Donahue on the re-publication of her fascinating sci-fi book about the solar tap, "The Lost Millenium." Copies can be purchased & mailed to Updaters for a special - $5 - by writing to her at P.O.B. 908, Maggie Valley, N.C. 28751.

The Dawning of

THE AGE OF AQUARIUS

Every now and again a song comes along that penetrates the mass consciousness. Such was the case with "Aquarius" from the play, Hair:

"When the Moon is in the Seventh House,
And Jupiter aligns with Mars,
Then Peace will guide the Planets
And Love will steer the Stars.
This is the dawning of the Age of Aquarius.."

The dreams and hopes on Spaceship Planet Earth seem to be embodied in the soulful words and music of this piece. And the choices of humankind during these two decades of the '80s and '90s will determine whether or not the visions of the human race will be realized. We are indeed standing on the dawning of a great New Age as we greet 1987. We look to an age of break-throughs in science and technology; an age of climatic upheaval; an age in which the nature of our own realities go into transition and change. A restructuring is upon us and the time is now.

Historically, entering a New Age means that outmoded forms of culture must be left behind. At the end of an age there should be a summary - a review - of all that has gone before to prepare for that which lies ahead. The very Earth herself goes through a birth/death/rebirth cycle. And Mother Earth is to give birth to a new Humanity. We know that she can endure the pain because of her joy that this new 'child' is about to be born. (Exactly a year ago, in Vol. 5, #3, Leigh Donahue addressed herself to this subject in her Subscriber Scribings.)

Hopefully, the Humanity of tomorrow -"the architects of the future" - will make this old world almost unrecognizable with their heightened consciousness. We all move from cycle to cycle, and that's what the spiral of evolution is all about. Not only an individual, but a **whole race**, can make a quantum leap to a higher cycle. For this leap to occur, we must CHANGE and choose a posture of positivism. Everything is already stepping up in intensity...like a car being rapidly accelerated to enable it to climb up and over a steep hill.

A "Cliff Hanger" for Planet Earth is at hand. And we are exuberant about it! MAN HAS ALWAYS SURVIVED CATACLYSM and come out stronger, more evolved, better for the experience. Other species have gone extinct...but not MAN.

The difference between the present humanity and the humanity of the coming age will be qualitative, not quantitative. Some of our realities will not apply in the New Age. When water is heated up it doesn't gradually change into steam. Rather, it remains the same until it has reached the critical temperature of 212° F. THEN the change is sudden! Radio-active material must reach what is called 'critical mass' before it can become explosive. Today, many on this planet are approaching 'critical mass' in their own evolution. The build-up of gradual evolution os the species is about to take a giant leap forward. How exciting! What a glorious time to be alive! Dick and I consider it a thrilling concept to contemplate that we may well be part of an entire restructuring process on our beautiful, turbulent, transitional planet. Here's to all of you who will be present and willing to help humankind through the transition...and here's to that "Golden Tomorrow" of which the Ogatta group speaks so heartfully.

Happy thought! Happy 1987!

S.T.A.R. Activities

We look forward to seeing many of you Updaters at the L.A. Workshop on January 31st-February 1st at the Viscount Hotel! CALIFORNIANS be sure to tune in to KABC's "Open Mind" on Jan. 24th when Dick and I will be Bill Jenkins' guests from 9-midnite. For those who wanted to be at the S.T.A.R. House in April for the SLIDE OF LIGHT II Conference and are wait-listed, please be of good cheer. We have been conscientious about responding to registrations on a first-come, first-serve basis. Unfortunately, people do have to drop out at the last moment for many unplanned reasons, so don't give up! We'll do our utmost to get you here with bells on. (Ruth Montgomery sends sincere regrets that she will be unable to be on our faculty this year.)

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"Against All Odds"

In Update Vol.3, No.2, we quoted Wolfgang Di Pauli, who won a Nobel Prize for laying the cornerstone-principle in modern physics, and who had this to say about believing coincidences: "Coincidences are the visible traces of universal principles." As a result, mathematicians can explain coincidences by known laws of statistical probability; but when laws of probability deem events to be statistically improbable, these events are still possible. Probability does not explain that much. Carl Jung recognized this and collected examples of rare "coincidences" all of his life. He privately felt that coincidences were "...the work of an unknown force seeking to impose universal order"!! Even Albert Einstein's own theory of relativity was a puzzlement to its creator when it came to the subject of coincidences.

Rupert Sheldrake, the British plant physiologist, proposes that "..each human may transmit a field through which we unknowingly communicate acquired knowledge and whole bodies of information to others, present and future, worldwide." His theory comes from research in crystallography. (Remember this from our editorial on morphogenesis?) And sociologist Ithiel de Sola Pool of MIT has demonstrated that any randomly selected American can be linked to any other randomly selected American adults by only two intermediates in 99 in 100 times. I.e., if you and John Doe were the two randomly picked people, Doe will know someone who knows someone who knows you. In our own extensive travels, we have come to suspect that there are, indeed, "only four hundred people in the world". We always manage to connect with someone we know (even on a tiny island in the Baltic Sea!)

One of the wildest "coincidences" in American history is the date of death of John Adams and Thomas Jefferson, the 2nd and 3rd U.S. presidents. Why? It was on July 4, 1826, the 50th anniversary of the signing of the Declaration of Independence.

In his book, "Against All Odds", George Bryson suggests that the next time you are with 23 strangers, see each to discover his or her birthdate. The odds are better than 50-50 that among the group of 23 chosen at random, at least 2 will have identical birthdays. Bill and I have tried this and it works! Mr. Coincidence...a good topic for a post indeed.

Self-Treatment for the Eyes

When Bill and I came to China, we were struck by how few people wore glasses. Even the elderly persons who returned interestingly enough seemed to have very strong bodies of eyesight. Then, we were taken to visit a school to see the children at work and play. And we noticed that every morning, the children were exposed to simple exercises for eyesight. American children always glance at the T.V. and Chinese children do eye exercises! Part of their humanity is to repeat the eye exercises once in the morning for a total of two minutes each day. And it works! The simple principle of pressure points for the eyes is done with a massaging motion of the fingers...and this stimulation of the points helps to enhance the eyes and at the same time functions as therapy for eye disorders. Here are these exercises as illustrated on the eye-charts in the schools we visited:

Use thumbs to massage inside eyebrow corners with other fingers slightly curled against forehead.

Use thumb and index finger to massage nose bridge. Press downward and then upward.

With fingers curled under and thumbs on each side of forehead, use the sides of the index fingers to rub outward following the diagram pattern: [illegible] with 3 and on lower [illegible] press index fingers and middle fingers together against both sides of nose near nostrils. Then lower middle fingers and massage the cheeks where the index fingers remain.

Each of the above simple exercises are done 9 times for a total of one minute of massage twice a day. The results are amazing! Try it, and after a while it will become as automatic to your routine as brushing your teeth. It will help you to "see clearly".

Our eyes are the only area outside our skulls that contain brain cells.

MENTAL RADIO

One year ago we ran a front-page article on telepathy (Vol.2, No.1) and conducted the first of three telepathic experiments with Updaters around the globe. I 'sent' a color and a number. Two months later, I attempted to mentally communicate an object and the ratio of success was startling. Last month I sent you a shape. Once again the results are excellent. The shape was that of a **triangle.** (I give a "hit" to all those who got a pyramid.) Those in the eastern time zone did a little better than those in the other zones (which all ran surprisingly close).

The results showed that there was a 44% male and 56% female participation but less than 2% separated the sexes in the ratio of success. You were terrific! For those who got wonderments like "Popeye blowing bubbles like clouds" or "Dick sitting on his goat's back"...try to clear the mind of imagery next time! The secret is to keep trying, and we will have another experiment in 1984 for you.

Telepathy involves information received by a subject (you) from a sender or transmitter (me), through mind-to-mind contact. It is different from "clairvoyance" in which objects, rather than thoughts, are perceived extra-sensorially; however, some parapsychologists suggest that telepathy is basically clairvoyant perception of another person's neural processes.

Interestingly, there is datum which indicates that telepathy functions best on nights when the moon is full. (We were four nights away from a full Harvest Moon during this last experiment.) "Weather conditions, sunspot cycles, atmospheric oxygen levels, and geomagnetic storms are only a few of the other variables that may affect telepathic communications", writes Edgar Mitchell in his book, "Psychic Explorations".

The three Update experiments were designed to help you sharpen your telepathic skills as receivers. Those of you who achieved success are to be congratulated and encouraged to continue sharpening your skills at home with friends and family. Those who did not receive the impressions accurately are urged to try again. And again. Should electricity fail us, we want to be able to use our mental radios in emergencies.

It IS possible to develop this human potential with a modicum of practice. You can do it! Telepathy is a skill like any other, be it tennis, cooking, or pianoplaying. As the saying goes, "How do you get to Carnegie Hall? Practice, practice, practice."

The CHICKEN or the EGG?

"Look around! Look around! Look around!" It's hard to agree with the complacency that is screening the 'international debt crisis'. The Third World debt problem is a bottomless pit into which the capital of the western world is being tossed. No sooner do we solve a crisis when it springs another leak. If Congress fails to authorize additional funds for the International Monetary Fund (IMF) at any time, the game is over. The creditors must continue to provide funds and extend existing debts...or the debt pyramid will collapse. But even if they do, then what? For the debtor nations to pay their debts they must decrease imports..things most of them desperately need..increase exports, based on non-renewable resources or cheap labor..and tighten their belts to the point of unacceptable austerity. All of this MIGHT provide some of the foreign exchange to start paying some of the $350 billion they owe. But their debts keep rising as the IMF lends them additional funds to pay the interest on what is already owed! It's a "what comes first" routine...the chicken or the egg. It's a road to nowhere. History shows that this course of action only leads to social and political instability and collapse. This is being demonstrated world-wide by the large number of wars and insurgencies going on.

In an economic sense, there can be no long-term economic recovery of the debtor nations with this debt burden hanging over them. All is NOT well--despite the words of the politicians and the international bankers. Financial analyst Donald Hoppe asks, "Will the debtor nations be willing to have the IMF's austerity imposed on their already appalling poverty for the next 20 years?" He answers, "Anyone who believes that is totally out of touch with reality." This is a think-and-relate piece for you to run through your giant computer, the brain.

"The only road to a fuller grasp of Reality is the exploration of 'super-normal' perception." -Dr. Albert Schweitzer

The WOODREW Update

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ANOTHER DIMENSION . . . ANOTHER TIME

Verification of unusual beliefs and experiences is always welcome, especially when you have gone 'out on a limb' (thank you Shirley MacLaine) to share and disseminate them. In our travels throughout the world we've received many responses to our statements about the existence of extraterrestrial civilizations. Some believe; more would like to believe; others discount entirely the possibility of other life in the cosmos; and most regard the idea as a sci-fi concept whose time will not come until 'hard evidence' is presented to their all-knowing five senses. You Updaters are a unique group of intelligent and accomplished individuals who have given the development of human-life on planet Earth its proper relativity in the Universal and Galactic scheme of things.

We met a remarkable woman, Elizabeth Klarer, in Johannesburg, S.A., whose experiences with an extraterrestrial civilization have been both extensive and intimate. She has documented these experiences in a book published by Howard Timmins titled, BEYOND THE LIGHT BARRIER. In the book, Klarer presents information--received through her space friend, Akon--that is as yet impossible for our scientists to verify. Since the book was first published in Germany in the early 1970s, however, much of the astronomical and meteorological data has been verified, giving the other information an aura of great respectability. Much of the material is specific and requires scientific training to understand, such as the propulsion systems used by extraterrestrial space ships. There are many pieces, however, that blend together with information and conversations we have had with the Ogatta group over the years. In the following paragraphs we will share some of what we have gleaned from Klarer's contact with Akon of the planet Meton.

On the Moon

The Moon is a strange body. On that, at least, all the experts agree. Vasin and Shcherbakov, senior scientists at the Soviet Academy of Sciences, said in Sputnik magazine, "The Moon is not a natural satellite of Earth..but a huge, hollowed-out planetoid fashioned by some highly advanced, technologically sophisticated civilization into an artificial 'inside out' world which was steered into orbit around the Earth eons ago." Dating of rocks brought back from the Moon and reported at the Lunar Conference of 1973 revealed a moon-rock 5.3 billion years old, or 5 to 7 hundred million years older than the earth. Another report based on the most accurate dating system, the potassium-argon system, claimed some of the rocks gave an "unacceptable age of 7 billion years." At the University of California, scientists Gustaf Arrenhenius and H. Alfren put the problem this way: "There is little doubt that the Moon is a captured satellite, but its capture orbit and tidal evolution are still incomprehensible..."

Here are Akon's inputs: " The Moon is alien to this system and came with Jupiter and its retinue of planets. Its scarred and pitted face was the direct result of her star's explosion, cremated beyond recognition from her former splendor. It is dead and lifeless as it orbits around planet Earth. Many such wanderers in space gather as flotsam in a cemetary of the solar system for all eternity."

ANOTHER Civilization

Everyone is curious about other planetary systems in which life flourishes. Limited by the development of our technology, our scientists have NOT been able to verify existence of other solar systems -- let alone civilizations inhabiting unverified planets. Any discussions of other solar systems and civilizations are relegated to the realm of the para-normal. We wrote about the twin-binary system that the five planets of the Ogatta group orbit in "On A Slide of Light" (pp.58-59). Now Akon describes his solar system:

"Mankind is a creature of space, a space race living on a planet in orbit around a star, as others are also doing. Mankind is not unique, as he so fondly imagines, believing in his singular creation. He is merely a part of the vast interstellar family in different solar systems throughout the Galaxy.

Our home system is in the star system of Alpha Centauri. The broader ecosphere, the area surrounding a star where conditions permit development and the existence of life, is intensified by a binary system. Our home planet is well within this radiating ecosphere, which is further added to by a third star similar to the Sun. Thereby the vibratory rate is higher and ideal for the advanced development of our civilization. Our home system is a triplex system, receiving the radiations from three stars similar to the Sun, but four light years away.

The system consists of seven planets, all inhabited by our civilization. The seven planets orbit about the third component known to you as Proxima Centauri. The largest star gives a reddish light about one-third as bright as the Sun's, while the second star's light is similar to sunlight. The third star, Proxima Centauri, is like the Sun, only with a reddish light, and is a very stable star. The entire system is within the tremendous coronas of the three stars.

UNDERWATER and UNDERGROUND

Man is a surface dweller, not an underground creature. Whenever stories of underground cities circulate, we usually relegate them to fantasyland. Early in our relationship with the Ogatta group we attended a gathering held by Dr. Puharich in Ossining, N.Y. At this 1977 meeting we discussed broad cataclysmic geological change and the need for the development of survival techniques. Being new to the subject, we listened carefully and took notes. There was discussion about an underground city, built by an extra-terrestrial group, that lay submerged at about 30,000 feet in the vicinity of Greenland. This city was being readied to surface at the 'right time' to help mankind survive. One of the very accomplished participants at this meeting, an Honors graduate of the Yale School of Architecture, stated that he was able to leave his body and visit the city. His descriptions were lucid and technical, and above all...fascinating. Greta and I were overwhelmed at the possibility of the existence of such a city, and certainly in no position to dispute it. Nor did we discuss it or dwell on it...or give it much thought after we left the conference. It was outside of our 'frame of reference' then; and it is outside of our framework now. We wouldn't bring it up if it weren't for Akon's description of an underground city:

Underground cities and passages are a legacy of the past, left by us to Earth. We retain the underground base at the South Pole, where the warm lakes are. This is the area of the underground city of our ancestors and in that epoch there was no ice-cap. Volcanic activity retains the area of lakes free of ice and snow and we are able to move out of the spaceships in comfort through lack of radiations at that high latitude where there is a hole in the atmosphere through which the circumpolar vortex spirals down with the intensity of the Earth's magnetic field over the poles.

The city is at the center of the Antarctic auroral zone, the southern terminus of the three key meridians. This is the region where magnetic instruments go haywire and the compass needle dips down at the magnetic pole. Radio-communication cut-offs also occur. We are near several of the observational stations maintained by Earth nations. The French have a forward station in the immediate area of the south magnetic pole, while the Russians are also our neighbors with two observational stations in the area of the magnetic pole. The Americans have their Pole Station at the geographical south pole.

These endeavors of Earth scientists are regarded very highly by us. In the hostile environment of the polar regions, they have conducted themselves with great determination and courage.

By Jupiter!

Our space program is young, but we've already learned some interesting facts about our neighbors in the solar system. The last fly-by of Jupiter showed that several of the larger 'moons' surrounding Jupiter have atmospheres that can sustain life as we know it. Earlier scientific measurements showed Jupiter emitting more energy than she receives from the Sun, an anomoly among

the planets. It was interesting, therefore, to read Akon's statements about Jupiter:

"Jupiter is a forming star, a star condensing, and thereby, retaining a high velocity of rotation, a large mass and low density and the usual heat in the core retained by the star. A solar system within a solar system. Seven of Jupiter's planets have retained atmospheres and life as we know it.
Jupiter, as a small star, triggers off sunspots when in a favorable position, by increased magnetism. This in turn affects Earth's atmosphere causing weather changes as low-pressure troughs cross geometric regions of the planet's surface, and vast climatic upheavals can occur. The Sun controls our atmosphere, our weather and our climate, and when Jupiter, the second waxing star of this system, aligns with Mars and the other planets of this solar system, the equilibrium of the Sun will be disturbed and earthquakes will rock our planet."

Futurisms

Many of you ask for futurisms. While we dislike making specific predictions we are not against relaying the prophecies of others. This is an excerpt from one of the many revelations of Johann Friede (1204-1257) an Austrian monk of the order of St. John. He was one of the great seers of his time:

"When the great time will come, in which mankind will face its last, hard trial, it will be foreshadowed by striking changes in nature. The alternation between cold and heat will become more intensive, storms will have more catastrophic effecrts, earthquakes will destroy greater regions and the seas will overflow many lowlands. Not all of it will be the result of natural causes, but mankind will penetrate into the bowels of the earth and will reach into the clouds, gambling with its own existence. Before the powers of destruction will succeed in their design, the universe will be thrown into disorder, and the age of iron will plunge into nothingness."

MOUNTAIN MUSINGS

Schools are closed. Work has temporarily stopped on the S.T.A.R. House. Record low temperatures are recorded in the Western Carolina mountains. The thermometer reports that it is 21° F below zero, outside. Our little world at Reisha Way is in a deep-freeze this January 21, 1985, and we are literally in a mini-survival posture. It doesn't help to know that 72 cities across the USA are reporting record low temperatures for this century, with 20 of these cities tolling the lowest temperatures since the record-keeping game began. The wind chill factor lowers the temperature many more degrees, and all of the radio and t.v. commentators are repeating medical warnings to cover all parts of the body if you have to be outside--and to avoid going out at all if possible.

So far all of our services are working just fine. I started our diesel generator to make sure it would turn-over, even though our electrical service has not been interrupted. (I didn't switch to generating our own electricity, but I can at any time.) President Reagan cancelled all outdoor festivities connected to his second inauguration, and I packed additional hay and straw in the dog and cat houses, the sheep, goat and llama pens, and the horse barn. I found an exposed crawl space, where the temperature was 15 degrees below freezing, and started a space heater going.

I'm particularly pleased with the way our new wood-burning stove is working. It burns the logs very slowly and throws a generous flow of warm air that is circulated by an inside fan vented out on three sides. When we had this stove inserted into the kitchen fireplace, we built an 11" x 25" extended platform to serve as an emergency cooking surface. (We keep a traditional wrought-iron black tea kettle filled with water on it when we burn the stove to restore moisture to the house.) This is a new addition to Reisha Way, built by a local ironsmith after Greta and I realized that our three stoves were all electric.

I went into our food-storage areas, as yet unstocked, and found the temperature at its constant 56 degree level. The Native Americans certainly understood the fickleness of Mother Nature when they placed many of their storage facilities underground. We successfully learned a lesson from them.

Are these dramatic temperature-drops part of the changes more and more people are writing about? I don't know! Surely we have had weather aberrations throughout recorded history. But we derive a modicum of comfort from knowing that many of the projects we have completed or have in the works can help to bridge the trauma if these crazy weather patterns persist.

$5000 FINE or 5 YEARS IN PRISON

Claude Pepper, a U.S. Representative from Florida, is in his nineties. When he sponsored a reactionary three-part program targeted against natural and holistic health practices, we doubted that his colleagues would support him. In the rush of Congressional business, however, with so many other pressing issues on the docket, these Bills have passed through Committee. We asked Updater, Leigh Donahue, to do some research on the specifics. Her remarks follow:

Big Brother, in the form of the American Medical Association, will have its already great powers expanded into a practical dictatorship by Congressional mandate this year, if three Bills now before Congress pass. The Bills, giving the AMA dictatorial powers with criminal penalties, and backed by a Federal investigation strike force, are already out of Committee and lobbyists predict they will pass this session.

The Bills are:

1. House Bill 6049: Sets up a propaganda machine paid for in tax dollars, to denigrate any form of alternative healing, specifically "drugs, medical devices and procedures..which have not been proven safe and effective."

2. House Bill 6050: Sets up criminal penalties of "imprisonment for not more than five years, and fines of not more than $5000, for any person who willfully...sells or offers for sale a drug, device or medical treatment...unproven for safety and efficacy..."

3. House Bill 6051: Sets up a "Strike Force on Health Quakery to coordinate the efforts of Federal agencies to curb the sale and promotion of fraudulent health remedies." (I.e., not approved by the AMA.)

Specifically targeted by Congressional mandate under these Bills, according to testimony at hearings, are: Chiropractic, acupuncture, vitamin therapy, holistic medicine, naturopaths, homeopaths, nutritional consultants, any form of healing that might come under the AMA's definition of "faith healing" and any other form of alternative healing deemed unsuitable by the AMA.

Specifically targeted too, according to testimony at hearings on the Bills are: Health food stores, vitamins, minerals, herbs, etc., which follows the long-stand ng Food and Drug Administration attempt to put all vitamins and minerals under prescription except for a limited few with very low potencies.

If you feel that these are freedoms the American people cannot afford to sacrifice, do what you feel best to stop them. If you choose to write to your Representatives and Senators at the U.S. House of Representatives and U.S. Senate, Washington, D.C., the Zip codes are 20515 and 20510 respectively.

HOMO-SAPIEMS

Those of you who have attended my lectures have received take-home packets in which one section is entitled Homo Sapiems or Homo Electromagneticus. It is not a misprint of Homo Sapiens but a deliberate play on words, for Man is indeed an electrical being...an electromagnetic system matriculating in an EM environment. This theory has been developing for over 150 years. In the mid nineteenth century Dubois-Raymond proved that the nerve force is electrical. Hans Berger discovered the electromagnetic nature of brain waves in 1924. And biophysicists found the human cell to be an emitter of EM radiation and have succeeded in identifying their discrete frequencies. At a Frontier of Physics meeting in Ottowa, we listened to orthopedic surgeon, Dr. Robert Becker, describe his work in promoting healing and growth by electrical stimulation. He described the pulsed electromagntic fields he used in stimulating the healing of fractures, and talked about the re-stimulation of bones and limbs by electrical methods. Certainly logic dictates tht healing can be speeded if the proper EM frequencies are pulsed to the affected area to entrain the ailing part to its proper frequency. How can it be put to practical everyday use?

Newsweek, in its New Products and Processes", reported the progress being made in this area. Its disclaimer states, "Doctors have know for more than a century that stimulation from electrical impulses or vibrations could promote healing, but only recently has much serious attention been paid to developing products that take advantage of the phenomenon." The article describes several devices being manufactured by biomedical manufacturers, some placed around the limb to be electrically pulsed and some being implanted directly on the injured bone. The costs

are currently exhorbitant, but at least it shows acknowledgement and acceptance of the electrical approach to healing. This is a coming together of the metaphysical and the physical. With these developments it is only a matter of time before some of the methods that healers use in projecting an electromagnetic energy to heal will be recognized, studied and better understood.

"Where am I going?"

Some people live in a house together, yet the house is empty. There are those who talk and say nothing..some who say something and are never heard..and those who do not utter a word, but say everything. "Reflections" by David Frasure speaks of those who try to avoid loneliness by searching; of those who looked but would never find; of those who tried without looking, and of those who did not need to search, nor were they lonely, for their find was in the search.

A sense of loneliness is a theme which resonates across our phone-wires and in our mail almost daily. People surrounded by people who are still alone, call. Those who are not alone but dream of being so, write. Those who would never be alone whether they were with people or by themselves, communicate with us.

I wonder how many of these people dream their lives away and how many live their dreams. Dick and I ponder on how man dreams of immortality, not realizing that he has already achieved it. We marvel at those who live life but never give life a thought. Frasure writes that "..his fellow man could not see that the problem was no more than the answer in disguise: that the problem only presented itself because it was begging for the answer to be discovered. And with all the emotions of the world tumbling and twisting within his heart, mind, and body, he dropped to his knees and shouted quietly within himself, 'Being what I am, what am I supposed to do?"'

What do I do? How do I do it? These are questions the individual can only answer for himself. "Don't rely on the E.T.'s for answers!" I tell them. I can't tell you how to do and what to do...but we can give you "think and relate" pieces to ponder so that you can make your own decisions wisely. If people can not find answers (and peace) within themselves, it is foolish to seek it in others. "Each time we have overcome, we have taken a step in growth. Each day presents us with a thousand possibilities, limited only by our choices." We are all looking for paths to tread and proper courses of action to develop. But there are many different paths up the same mountain, and the ultimate decisions are of our own making. It's never easy, but it is worth every effort. There are no rights or wrongs except as we perceive them to be.

Leave it to INDIVIDUAL ENTERPRISE

When E.F. Schumacher wrote "Small Is Beautiful" he might have been foretelling a method for third world developing countries to find their way from famine and starvation to unprecedented surplus. The Economist's lead story on February 2nd said: "In the 1970s, just when a U.N. conference was intoning 'the worst famine in history has already begun,' extraordinary increases in output by peasants in Punjab, Burma and Sri Lanka were instead creating a hitherto unheard-of surplus of food in the Indian subcontinent. Now, peasants in China have doubled their wheat production, through increasing productivity per square inch on their tiny plots by an annual average of 12% in the past seven years. By retreating from communism, China has almost instantly become the world's biggest wheat producer...The poor countries' new successes explode the old conventional wisdom that big dams, big irrigation systems, big farms, big everything are the way to agricultural growth. The heroes of these farming revolutions in China, Punjab and other parts of the third world are smallholders."

Quoting

"THE SIX O'CLOCK BUS"

The New Age is an era when inner and outer realities may be held as historical concepts only. We are destined to progress from the present cold plateau of division and separateness where people wear the coarse patchwork overcoats of traditional 'I/Thou' relationship and outer awareness. We shall reach heights very soon where only a synthesis exists and overcoats are discarded in the warm atmosphere to reveal the fine seamless garment which is not associated with inner or outer anything, but only oneness with and flow between.

THE CORAL CASTLE

In Homestead, Florida, stands Coral Castle, a monument to a man's lost love. Edward Leedskalnin, an eccentric Latvian, built Coral Castle in tribute to a sixteen year old girl who told him on the eve of their wedding that she didn't want to marry him because he was too old and uneducated! Besides, she said, she loved someone else. That was in 1913. Leedskalnin was 26. Broken-hearted he left Latvia and ended up in South Florida five years later. The lonely romantic paid $12 for an acre of ground and carved a coral castle in dedication to his ladylove whom he called Sweet Sixteen.

Using only simple hand tools, he single-handedly cut and moved enormous coral blocks, carving them into pieces of furniture. In 1936 he moved his coral chairs and tables and gates and beds and fountains to the site where the castle now stands, and built coral walls around the furniture. He executed in coral a one-of-a-kind sundial which works to the micro-second, and a unique telescope which frames the North Star in the sky.

How he moved more than 100 tons of coral rock pieces defies the knowledge of neighbors and friends. He hired a truck and parked it outside of his Florida City site. As long as anyone watched, he didn't do a thing. The next morning when the truck driver came, the truck was loaded with his multi-ton furniture. He UNloaded the furniture at his new site in the same secretive manner. The amazing part of this is that he had NO mechanical lifting-devices. It has been speculated by many that Leedskalnin possessed the same knowledge that allowed the ancients to construct the pyramids.

This would be a whimsical story if that's all there was to it. But...Leedskalnin was 5 feet tall and weighed 100 pounds. Some of his coral furniture weighs over 5,000 pounds. Some of his tables weighed over 1,000 pounds. And his nine-ton swinging gate in the wall of the castle has boggled the minds of engineers and scientists from all over the world. How did he move them? How did he achieve the exact center of balance on the gate so that it could be moved with the touch of a child's finger? (When Dick and I were there, the gate was not in swinging condition since no one has **yet** been able to find the center of balance to fix it!)

Ed Leedskalnin died in 1951 with his leverage secrets locked in his head. His Coral Castle is now an historical monument. Was there extra-terrestrial intervention? Many staid researchers say 'perhaps' since there is no other 'logical' explanation (!) Seeing is believing. If you ever have the chance, go see the Coral Castle at U.S. 1 & SW 286th St., some 27 miles SW from Miami. Listen to the story told by neighbors, friends and guides, and you be the judge.

Gases to Acids

After reading our article on measuring acid rain, several subscribers asked if we could describe how a 'cool spring shower' can become deadly to plant and fish life. Sure. Rains become excessively 'acidic' when sulphur dioxide and nitrogen oxide gases from natural and man-made sources are emitted into the air and mix with water particles changing the moisture into nitric and sulphuric acid.

About 60% of acid rain is estimated to come from sulphur dioxide created by coal or oil-burning smelters, power plants, mills and factories. Another 35% is nitrogen oxide emitted from cars, trucks and other vehicles. The United States alone annually discharges about 50 million metric tons of sulphuric and nitrogen oxides into the atmosphere. (All nations export their pollution!) These gases return to our environment as acid precipitation: rain, snow, fog and smog. In fact, because of its longer staying power, acid snow can be more devastating than acid rain.

We've all read about the effects of acid rain on the fields and forests. But what about its effects on life in lakes, streams and oceans? A lowered ph factor (which is more acidic) will disrupt the calcium metabolism of fish, virtually guaranteeing spawning failure. Eggs can fail to develop to maturity, egg size and weight can drop and young fry that do hatch may suffer from stunted growth. Here in Western North Carolina, the trout farmers monitor their ponds quickly after a rainfall. When necessary, they add lime to 'sweeten' the water and thus avoid potential destruction to their schools of trout. The failure to reproduce in any animal species, of course, is a prelude to extinction; and, as we all know, 90% of the species that have inhabited the earth are now extinct.

The Balance Sheet

It is gratifying and exciting to see a seed that you planted flower and grow. So I'd like to 'update'some of the new developments that Michael Andron, my student in healing and energy control, has had in the healing arts. Updaters will remember some of the Reflex Balance massage points that we taught in the early editions. By massaging these points, we explained, you balance the energy field of the body which in turn prompts the body to heal itself. The way you know an area is out of balance is that when you apply pressure to it you feel pain. The pain, by the way, is related to a phenomenon in acupuncture called the "teh chi" (or "obtaining the energy", and means you have connected to the energy channels of the body.)

In what he called "Bio-Balance Therapy", Michael has developed a method to stimulate acupuncture points without massage or needle (and therefore, without pain!) Using rooting as a basis, he can now 'sense' the imbalance of a point and correct it with only the lightest touch. It's like going from the old fashioned typewriter on which you really had to hit those keys to make an impression, to today's word processors which require only a minimal amount of pressure.

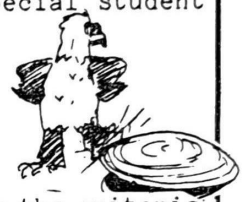
There are several advantages to this new technique: first, the patient is not in pain and so the energy flow corrects itself more easily. (Michael explains that the pain experienced by the patient can act as a 'tourniquet' to the energy flow since he will likely tighten muscles to cope with the pain.) Second, more subtle imbalances *can be* detected this way. With Bio-Balance Therapy, he is able to balance local pain and health problems, acupuncture meridians and even "chakra" imbalances caused by illness or excessive and/or incorrect meditation.

I am going to share a recent story: a certain "good Doctor" whom you all know has for several years had intermittent bouts with shingles (herpes zoster virus, varicella type). Each time the lesions broke out, he would take a blood sample and find "rouleaux formations", or severe clumping of the red blood cells. Normally, this would last several months until a few weeks after the lesions cleared. On the day that Michael tried his Bio-Balancing, a blood sample was taken just before the treatment and then about a half-hour after. To our amazement, the rouleaux formations were gone and the blood was normal. Dr. Puharich said that he has "never seen anything like it." I own a set of the photographs, and they are amazing in that the good doctor explained to us that the cells were photographed as completely normal following the Bio-Balance treatment.

Michael works part-time in a psychiatrist's office. Why? The Doc's wife had asthema for 20 years and was on 150mg of medication a day - plus inhalers - and within 2 days of Mike's first treatment, the asthma was gone, and she was off all medication! So it goes.

One final thought: finding hard evidence to validate phenomena of these types is very exciting. It is one of the reasons that we established S.T.A.R. in the first place, to help bring about this kind of research and development of new technologies. I think back with fondness to the days I began teaching this special student back in 1969...

SEEKING CHANGE



I do not make success or failure the criteria by which I live. I like to take chances and I am impressed by others who do so with a freedom of spirit. Those who dare to try also dare to fail. This is a wonderful thing! If we limit ourselves to what is risk-free, we may be missing out on the most rewarding adventures in life. I view our YPO friends in this light with great respect; they have many colossal successes - and failures - because they dare to try new things. There are times when in so doing, absolutes take a back seat, and that's just fine with me.

A story in Reader's Digest tells of how, when God made the oyster, he guaranteed his economic and social security: he built the oyster a shell to shelter and protect him from his enemies. When hungry, the oyster just opens his shell and food flows right to him. He has freedom from want. On the other hand, when God made the eagle, He declared, "The blue sky is the limit - build your own house!" So the eagle built on the highest mountain. He is threatened daily by storms and snow and winds as he flies for food. Nevertheless, it is the

eagle, not the oyster, that is the emblem for America.

Living in a world of transition, we have to fly like the eagle. We can each find our "corner in the sky" and be free if we have the heart and guts. I am more and more aware of outmoded sacred cows which governed a part of my life. But what was in tune yesterday is sometimes out of sync today. So, re-examination of actions and reactions is imperative for growth and for survival.

"But I always do this or that" is a refrain I hear when people write or call. The person is invariably seeking change...and then resisting it. He is also begging for freedom from repetition, boredom, irrelevance, outdated structures and stress. "What will people say?" is another common question. The answer is usually: "very little worth mentioning!"

Perhaps it's time to change our own thinking radically, while acknowledging that old habits die hard. If the Scenario comes to pass as the Ogatta group indicates it sadly will, then we must dissolve a great number of the artificial barriers that separate us as a people, be they racial, political, religious, national, or ideological. We are in the advanced stages of our slow progress from the Stone Age to the New Age. We are in a cosmic countdown. In order to survive and be "architects of the future" we must be able to let go of Old Age thinking and anticipate some 21st century cosmic revelations without fear or stress. Some days it is easier than others. I know.

Mother Of The Brides

It is very exciting in today's world of transition to see young people putting down roots. Sending out new shoots. It is doubly touching when these people are your daughters who are converting dreams into realities and concrete long-term, life-time goals. I talk about commitments in my lectures, especially on college campuses. "Get married...have babies," I tell them. And I mean it. "Make commitments to your selves.. to your families..to your jobs..and to one special human being with whom you can share your ups and downs, your highs and lows, your successes and failures. It is easier walking two by two."

What an inner joy to watch the two young women I love so very much stabilizing their individual commitments. Super-achievers, my girls. Princeton grad. Dartmouth grad. Dynamic careers. Top award winners in their respective fields. Prodigeous feats accomplished at young ages. And now, commitments of another and higher dimension: marriage. Each one her own person. One wedding in the electricity of New York City. One in the quiet mountains of New Hampshire. In April. In June. Joy to the world! My daughters have found their soulmates as did one son before them. As did their parents, 32 years ago.

Through memory-bank eyes, Dick and I look back and see two tots: a strawberry blonde and a brownette. "I love my Froggie!" "See my Pooh Bear?" Two little girls running toward the sandbox..the swimming pond..the ski slope..the tennis court..the bus. Sweaters, skirts, loafers. Evening gowns, high heels, earrings. Bras! No bras? "How do I look, Mom?" "Can I have the keys to the car, Dad?" Sunrise. Sunset. My, my... "Is this the little girl I carried.."

Thought pictures of tiny girls in sunsuits and tutus and leotards. Flashbacks of big girls, one day in costumes and the next in business suits. "I got the lead in the Senior class play!" "I was elected Captain of the cheerleaders!" Laughter. Tears.

Straight A report cards. Balance beams. Pajama parties. Braces. Trophies. Camps. Recitals. Plays. Diaries. Proms. Then, in a blink, Newsweek International. The Amex. "I won the Overseas Press Award!" "I made it solo from Georgia to Maine on the Appalachian Trail!" And suddenly, "I'm getting married!" Ah, "...I don't remember growing older; when did they?" I hum on and off(key). Dick pats my shoulder..touches my cheek..my eyes well up..we smile.

Contributors, both, to our Updates, Jill as Editor and Ann with Subscriber Scribings, we feel justified in using these pages to wish them a golden tomorrow. 1985: a vintage year!

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Edgar Cayce might be called a contrary man. For thirty-eight years he has responded to every sincere plea that he get some work done by lying down and going to sleep.

To add insult to injury he talks in his sleep.

Under ordinary circumstances this might be considered a reprehensible habit, calculated to bring Mr. Cayce only the dubious fame of a real-life "Lightnin" or Jeeter Lester.

He has been saved from such a fate by the fact that while talking in his sleep he has retained coherence of thought and language and has dictated more than 100,000 typewritten pages of information, opinion, interpretation and judgment on every subject which the human mind has been able to conceive for his consideration.

He is, then, a psychic—a psychic medium.

Nowadays, it is not necessary to explain the term psychic to the average man. Thanks to the recent interest of science in the subject he knows that it refers to the mysteries of the human mind, to the hidden but very real consciousness that is called the spirit, or the soul—that strange substance which links man with the infinite, with what he calls life-after-death, with what he calls God.

To say that Edgar Cayce is a psychic medium, then, means that he is a means of communication with the hidden world of the spirit. It means that he is a way by which this world of spirit can be entered and explained, to the end that man may understand its importance in his awakening and development.

In a sense this is true. In another sense it is not. All psychic mediums have limitations. Mr. Cayce has his. He has discovered them and has tried to confine himself to the boundaries which they have set.

Briefly, this is what he has found that he can do: by placing himself in a self-imposed unconscious state, which resembles sleep, he releases a faculty of the higher or super-conscious mind with ability akin to telepathy, which takes orders from a designated conductor and reports verbally on whatever task is assigned.

Thus if this higher faculty of the mind is ordered to seek out a certain person in a certain place and report fully on that person's physical condition, giving an analysis of any ailment discovered and a system of treatment for it, this will be done. Moreover, questions on the subject asked by the conductor will be answered. The only conditions necessary for the fulfillment of this action are that the person, or one responsible for that person, be in a seeking attitude and in the place designated, where the place is does not matter. It can be China, Chicago, or Chillicothe.

Should this higher mind be ordered to report on the mental and spiritual state of the person, this will be done, ignoring the physical except where it directly affects the mental and spiritual. If a system of treatment for an unhappy, thwarted individual is requested it will be given. The personality and individuality of a person, child or adult may be analyzed and the abilities and weaknesses of that person explained. Suggestions for vocational guidance are clear and helpful.

Beyond the realm of persons and their problems lies the world of thought. While in this apparent deep sleep, Mr. Cayce will, if directed, discourse on any subject put before him and answer questions about it.

What is remarkable about all this? Nothing, except that it works. Over a period of thirty-eight years, these analyses of physical, mental and spiritual ills have been uncannily accurate and the courses of treatment, when followed, have been uniformly successful. The lame have walked, the blind have seen, the hopeless have become hopeful, the suicidal have determined to live. Beyond this, those curious for knowledge have been satisfied, those eager for faith have found peace, those looking for enlightenment have become wise.

In cold, practical language, which the scientist and the business man understand, Mr. Cayce has amassed, for the consideration of thinking men and women, the largest and most conclusive record of a psychic's work ever gathered together. In his files are more than 15,000 individual treatises, or "readings," as they are called, covering every subject from the nature and cause and reason for the

existence of man to the remedies for the ills and evils which afflict him.

Each of these readings was given for an individual at that individual's request, or at the request of a person responsible for that individual's welfare, such as a mother or husband. Each is concerned with that individual's problems and requests, whatever they have been.

That is the job which Mr. Cayce has set for himself. He makes no claims about his abilities. He speaks frequently of man's God-given powers, of the Divine Pattern within. He has found that he can give two readings a day. When there are two people who want readings on any given day, he gives two readings. If there is but one seeking help, he gives but one reading. When no one wants a reading he goes fishing, or puts up preserves, or putters with photography. Those who ask for his help receive it. Those who do not ask, remain without it.

He does not advertise. He does not demonstrate. He does not prove.

He has never been on the stage. He uses no paraphernalia. He advocates no system of thought or philosophy He is a Christian, acting on a Christian principle—"ask, and ye shall receive."

If by any chance you think he might be of help to you, ask him, write if you wish for further information about his life and his work.

But do not ask for "scientific" proof of his powers. No such "scientific" proof exists for him or for any other psychic. Mr. Cayce has been investigated off and on since 1900. Each investigation has finally, of its own weight, toppled into the very unscientific statement that, "we don't know why, but it works." The records of more than 15,000 cases say the same thing.

It worked for Edgar Cayce when he was a schoolboy in Kentucky, needing help with his lessons. It worked for his friends and his loved ones, before he felt compelled to offer it to any who might ask. It has worked for thousands of sick and crippled and hopeless persons, in all states of mind and body, in all parts of the world. It may work for you.

The Association for Research and Enlightenment, Incorporated, Virginia Beach, Virginia, is studying and presenting Edgar Cayce's psychic work. Upon receipt of twenty-five cents, two twenty page printed booklets on his life and the study of his work will be mailed to you. A research paper on psychic readings will be included, concerning either vocational guidance or physical case reports. Indicate your interest.

A MAN

HIS WORK

What It May Mean To You

By A Friend

Association For Research and Enlightenment
INCORPORATED
Virginia Beach, Virginia

Dec 28th 1938

Dear Mr Sherman;-

Thank you for yours of recent date-just hope the sugestion helps-of course as you know it is in the application that the help comes-be sure and give it a chance. thanks for the poem-it is beautiful

let me hear from you- we are enjoying having the boys at home just now.

With all good wishes

Sincerely

Edgar Cayce

Edgar Cayce

Ross
Elizy K-

Mountain View, Ark. 72560
January 5, 1978.

Dear Elisabeth:

Sending you herewith the Xerox copies of the two fine write-ups in PSYCHIC NEWS on you and your work - an accountof materializations....

I have only seen two materialization seances in my life which I felt were genuine. In each case, the spirit forms dematerialized in the center of the room, surrounded by a circle of sitters, in visible red light, seeming to go down throughthe floor.

If your materializations occurred in daylight and in full view of 75 observers...and have been supported by tape recordings, I can well imagine how convincing suhh demonstrations have been.

This leads to my wonderment, if your spirit guides, under proper conditions, might be willing to materialize before an entire Workshopper audience. Could this type of demonstration be arranged as a first for our accredited ESP Foundation Workshop, it could be one of the greatest spiritual events of all time.

There is naturally enormous public interest in such a phenomenon. My associate, Al Pollard, president of our Foundation, a most unusual person, who has twice been procliamed Arkansas' Number One Citizen for his work in community betterment, etc. wonders if he might be permitted to accompany me when it is possible for me to sit in on a materialization....He is nationally known for his lectures and seminars on "ESP in Business"...and my association with this outstanding business man has added great credibility to my life-time devotion to a study of the higher powers of mind.

We are going to St. Louis in the next few days to set the dates and the place for our 1978 Workshop and have in mind the week-ends of July 2123 or July 28-30 (3 days) Hope you can join us either of these times.Your lecture on current developments can mean much.

Martha joins in our love and best!

(312) 798-2559

Ross Medical Associates, S.C.
Emanuel R. Ross, M.D.
Elisabeth K. Ross, M.D.
1825 Sylvan Court
Flossmoor, Illinois 60422

January 16, 1978

Harold Sherman
Mountain View,
Arkansas 72560

Dear Harold:

Thank you for your letter of January 5th. I have to make a correction in your description of my materialization. They do not occur in daylight. They are only either in the dark, or with fluorescent light through painted material or lately, more often than not, with red light, but never in daylight or white artificial light. It is not up to me to say whether you are able to witness these materializations as only two hundred people have been allowed so far to share these very special gifts and they have all been connected in earlier life times in an attempt to fight negativity in the world. Whether you are one of them or not, will not be revealed to me unless they have a special message or personal invitation to you and will communicate this in due time when they feel it is the right time. They would never put a show on any stage and would certainly not do this in an audience to impress the workshop attendees. They are working under very rigid requirements and all people who are able to share this incredible miracle have been very carefully choosen, evaluated and then informed about the special blessing of witnessing our own personal guides or soulmates.

I am looking forward to the day when I can share these things with you in person as it has enriched my life beyond any description. Have a happy 1978 and be assured that I will do everything possible to share as much with you as it is permissable.

Love,

Elisabeth vz

Elisabeth
(Dictated but not signed)

EKR/vz

Mountain View, Ark. 72560
January 20,1978.

Dear Elisabeth:

Thank you for taking the time out of your always busy life to give me a further explanatinn of the form that these materializations are takingand the conditions under which they are manifesting.

The only true materializations I have seen during my life have been under a dim red light, and with a cabinet, in which the entranced medium could be seen. The materialized spirits emerged from the cabinet, in full form, but dematerialized in the center of the floor, surrounded by a semi-circle of sitters.

Somehow, I got the impression that you had experienced materializations in daylight and this would have been extraordinary. Do you have to go a certain place, especially set up, where these forms appear?

I hope, when the time is right, I may be privileged to sit with you during one of these demonstrations.

And I also hope that you can arrange to be with us on our Workshop program, July 28-29-30 at the Chase Park Plaza in St. Louis, and that your family vacation period can miss our week-end so you can attend. It will mean much to all concerned. It would be helpful if I can know reasonably soon so that we can complete our programming ready for national advertising. I feel we have a service to render together in reaching the consciousness of mankind and appreciate your promise to share with me.

Martha joins in our LOVE.

K-Ross

Mountain View, Ark.
February 2, 1978.

Hospice Information:

Was much impressed by the report on the MacNeil/Lehrer TV program tonight... and would much appreciate your sending me information on this new hospital treatment of dying patients.

I know Dr. Elisabeth Kubler-Ross and her plans for a similar sanctuary in this country. This new respect for life and the care of those facing an end to this physical existence is a great humanitarian step forward.

It is my hope that this movement sweeps the world.

All good wishes!

Sincerely

P.S. Stamped addressed envelope enclosed.

(312) 798-2559

Ross Medical Associates, S.C.
Emanuel R. Ross, M.D.
Elisabeth K. Ross, M.D.
1825 Sylvan Court
Flossmoor, Illinois 60422

May 5, 1978

Martha and Harold Sherman
ESP Research Associates Foundation
1630 Union National Plaza
Little Rock, Arkansas 72201

My Dear Martha and Harold:

Thank you for your letter of April 23rd. I will be in Switzerland when you have your Ninth Annual Body/Mind/Spirit ESP Workshop, but you can be sure that I will be with you in spirit, and that I will celebrate your birthday in Switzerland.

I am looking forward to a leisure day sometime during this summer when I will hop on a plane and come and visit you so that we will have some time together, or maybe you would have a chance to come and visit Shanti Nilaya during the summer when I will be taking a few days off and we can show you around and share with you some of our work. In any case, I will contact you before or around your birthday again. I am sure our paths will cross this summer somewhere..somehow.

With A Lot of Love To Both of You,

Elisabeth

Elisabeth

EKR/vz

Mountain View, Ark. 72560
May 19, 1978

Dear Elisabeth:

So good to hear from you!

It will be grand when we can have that proposed time together and our quiet, secluded Ark Haven is a modest, right place for such a visit, when you can find a "leisure moment" in your always busy schedule.

Jump a plane, as you suggest... we'll meet you at the Little Rock airport, and motor you to our home in north central Arkansas, 100 miles distant.

We will have many unusual exper ences to share and we are eager to know more of your work.

Great earth changes are on the way which will have a spiritual as well as material impact...as you know.

Sorry you can be physically with us in July. This brhcoure will give you a briefing on the nature of our coming program.

Martha joins me in our LOVE and BEST!

Sincerely

(312) 798-2559

Ross Medical Associates, S.C.
Emanuel R. Ross, M.D.
Elisabeth K. Ross, M.D.
1825 Sylvan Court
Flossmoor, Illinois 60422

July 7, 1978

Harold Sherman
ESP Research Associates Foundation
1630 Union National Plaza
Little Rock, Arkansas 72201

Dear Harold:

I am in receipt of your latest book, and I must say that I was very upset about having things published like this without my prior approval. There are so many incorrect statements in that book about my entities, none of whom have a beard for example. I also begin to be bothered when private letters of mine are published in books without my blessings. It would make my life very difficult if I couldn't trust my friends anymore, that they would use my letters to them for publication in their own books. The whole thing bothers me and this is perhaps what is most upsetting about people who are in this research, in that, there is not enough shared communication and requests for prior approval, prior to things being published, and then half-truths are being printed and distributed throughout the world, and we wonder why this whole research has a bad reputation. I have to share these feelings with you since I want to have no negativity between the two of us.

I will be leaving for Europe on July 24th, and send you my best wishes for your St. Louis Conference.

Cordially,

Elisabeth

Elisabeth

EKR/vz

Happy Birthday to you also,
today is mine (July 8)

Mountain View, Ark. 72560
July 13, 1978
My 80th!!

Dear Elisabeth:

I am profoundly sorry. In all the years of reporting, this is the first time anyone has taken me to task for misquoting or an inaccuracy.

You had written me and told me on the phone of the different experiences you had been having...and later I read the same reports of these experiences in the National Enquirer and also in the Psychic News of London. I felt, as a conseqqence, that I was perfecly safe in repeating these quotes. I phoned you several times, nevertheless, to check with you, but you were not available.

At different times, during my life, I have had wrong statements made about me in the press and have learned to accept them as best I can, since denials or corrections, I have found, are never satisfying. This is the price we all pay for being "public characters".

You are most gracious, under what must have been distressing circumstances. I value your friedship so highly and obviously would never have done anything knowingly to hurt you...or the fine work you are doing.

Martha and I are going west November 11th where I speak in Seattle, then have some free days between the 11th and 18th, when I speak in Redondo Beach and on the 19th in Upland at Astara Foundation. In between we are visiting a remarkable woman, Laura Horst, author of the Condensed Version of OAHSPE, who has tape recordings from purportedly some of the personal ties in this great book, some of whom appeared fully materialized to her and gave astounding messages. Sounds like some of your experiences. She lives in Escondido. Can we see you...and also bring you two together? Great things are happening.

Our love...

Kubler-Ross

Mountain View, Ark. 72560
September 12, 1978.

Dear Elisabeth:

Good to have talked with you and only sorry you are not to be west when Martha and I are, in November, so we could have seen you.

Am sending you a folder describing the unusual book OAHSPE which shouldbe MUST reading for you. We had it on our bookshelves for 35 years, knowing it contained invaluable knowledge, but thinking we didn't have time to undertake the reading of such a tremendous volume.

Finally, about 6 years ago, I was guided... had the urge, to start resding and told Martha we would have to find the time somehow.We set aside the hours from 10 to 12 midnight and began reading chapters alternately and discussing. It took us 3 and a half months to go through this amazing book ONCE. Now we read segments of OAHSPE each night before retiring. Had we tried to read it many years earlier, we might have rejected it...but the intervening years brought us experiences and psychic development which caused us to recognize the TRUTH of the contents of Oahspe, dictated to Dr. Newbrough, in the 1880's...after 3 Master spirits had visited him and told him to make himself ready, physically and mentally, to receive this message for humanity...a task which required 10 years, before the book itself came through.

You may wish to dip into some of the later chapters, dealing with our age...before starting from the beginning, although when you get into it and the stupendous panaroma begins to unfold, I don't believe you will want to put it down.

***

There is a woman on the coast, who lives in Escondido, who has written a condensed version of OAHSPE for people who feel they cannot take the time to redd the original volume. She feels she has had some of the High Beings who dictated OAPHSE, materialize and speak to her...and has recorded their messages. We are checking on this and will report to you later. Her nameis Laura Horst. She is in her seventies. We'll try to visit Shanti Lailya. Our LOVE!

Shanti Nilaya

Board of Directors:

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January 26, 1979

Martha and Harold Sherman
Mountain View
Arkansas 72560

My dear Martha and Harold,

This is a belated thank you for your lovely Christmas letter. I am sorry to write you so late, but I have moved permanently to California and on this letterhead is the address so you can find me. I am getting unpacked slowly and catch up with thousands of letters. But in a few months, probably by the time I come back from Australia in April, my home and office should be workable and I will be able to breathe again a bit easier than at the present time. Be well, healthy and happy, and keep in touch.

Lots of love,

Elisabeth K.

Elisabeth

EKR/vp (typed 2/1/79)

P.O. Box 2396 • Escondido, California 92025 • (714) 749-2008

Mountain View, Ark. 72560
February 14, 1979.

Dear Elisabeth:

Martha and I are coming to California where I am to speak for Dr. Hiroshi Motoyama's International Association for Religion and Para-Psychology in its 3 day convention in San Diego (Holiday Inn), May 25-27.

At that time, we will probably go to Escondido to see a remarkable woman who has had psychic communication with some of the spirit authors of OAHSPE, which I hope you have read. We would love to have a good visit with you then and to exchange experiences relative to our survival after death research, which we are undertaking this year, in place of our Workshop.

Your trip to Australia should be immensely interesting. If you have more that can be revealed about your materializing experiances as they may offer further proof of survival, I hope you can share tem with us. Is there any way I could be present when one of these materializations is taking place?

Martha joins in our love. We do need to keep in touch!

Sincerely

Shanti Nilaya

Board of Directors:

President: Elisabeth Kubler-Ross, M.D.
First Vice President: Marti Barham
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Secretary: Linda Pitta

April 13, 1979

Harold Sherman
Mountain View
Arkansas 72560

Dear Harold and Martha,

Thank you for your February letter which I'm only reading today. I have just returned from five weeks of lecturing in Samoa and Australia and I'm constantly on the go so that it is impossible for me to catch up with my correspondence any faster. It is good to hear from you and to know that you are coming to California and hopefully will be able to see Shanti Nilaya. It is very likely that I will be in Escondido during the morning of the 27th. I should be returning by then from a lecture in Puerto Rico. But if you call Shanti Nilaya first, even if I'm not here please come and visit us.

With love and lots of good wishes,

Elisabeth

Elisabeth

EKR/vp

P.O. Box 2396 • Escondido, California 92025 • (714) 749-2008

Mountain View, Ark. 72560
May 7, 1979

Dear Elisabeth:

Had a fine visit today with Donna Spaulding, told her Martha and I were coming to Escondido on another unusual psychic matter and would very much like to have a private conference with you, having to do with our Foundation plans to undertake extensive, world-wide research on "survival after death".

We have a date, as you will be informed, from 1:30 to 5 P.M. on Tuesday afternoon, May 29th... and someone from Shanti Nilaya is kindly picking us up at the Escondido hotel where we will be staying.

Donna tells me that attempts will be made to discredit you and your work, I have cut my eyeteeth on this kind of treatment during my now more than 60 years of the study and practice of Psychic Phenomena...and have lived long enough to have had scientific acceptance of thought transmission, clairvoyance, clairaudience, psychokinetics, precognition, etc. My ESP Foundation was established in the heart of the Bible Belt and has commanded respect throughout the world, with its Body, Mind and Spirit Healing Workshops, held annually, nine times, until this year when we have cancelled our plans to devote time, energy and resources to Survival Research, in which area you have made such a tremendous contribution.

Martha and I are coming west, to attend the Holistic Health Conference Dr. Hiroshi Motoyama is holding at the Holiday Inn at the Embarcadero, in San Diego, from May 25th through the 27th - A Japanese-American presentation. I am lecturing on the subject: "Exploring the Higher Powers of the Mind."

We will be checking in to the Esondido hotel, Monday afternoon, the 28th, and will be there for at least 3 days. If it so happens that you would be holding a materialization seance shortly afterward, and we would be permitted to attend, we would be glad to stay over.

Have you ever read what I consider to be the most remarkable psychically written book ever produced, known by the title, OAHSPE, which was dictated to Dr. John Ballou Newbrough in the yesr1881? If not, busy as you are, I urge you to get a copy and find time to read it... because it gives an account of what is and has been happening in the so-called "heaven worlds" concurrently with what is and has been happening on the earth plane. It tells about the earthbound conditions, what happens when we die, the plan of ascension, and explains the different forms of psychic phenomena, including materialization. I had it on my bookshelves for 35 years before reading...it seemed to big and formidable...until, about 8 years ago, i had the compulsion to put everything else aside and read it. Martha and I set a time, from 10 to 12 midnight, reading chapters to each other and discussing them. It took us 3 and a half months to go through it once...I found that, had I tried to read OAHSPE earlier in life, it would have seemed too far out and I would have rejected it. In the interim I had proved its contents by my own research and experimentation

Am enclosing a quotation from Oahspe... Jehovih refers to the unthinkably great Creator of this boundless universe. I believe the UFOS, described in OAHSPE, are related. Have some exciting information on them when we see you.

Will be so good to be with you in your Shanti Nilaya Retreat.

Martha joins in our love and best!

Sincerely

P.S. We are coming to see a woman in Escondido whom you might like to meet. She, with two unusual psychic mediums, now dead, has hundreds of tape recordings and transcripts received from materialized forms of some of the highly developed spirits who dictated OAHSPE... and I am helping her get a book published, now on the Press: AMAZING PREDICTIONS OF THINGS TO COME - Baased on OAHSPE - The Wonder Book of the Ages. Fantastic almost beyond belief. Her name is Lauro Horst. She had been waiting for us to appear on the scene.

Kubler Ross

Mountain View, Ark. 72560
May 12, 1979

Dear Elisabeth:

My friend, Dr. Ralph Sierra, one of the outstanding authorities on bio-magnetism, who has laboratories in Puerto Rico, has written me requesting that I invite you, for him, to visit his lab and to permit him to acquaint you with the remarkable healings he is accomplishing and what can be done with electro-magnetic treatments.

Dr. Sierra has twice appeared on our Workshop programs and has deeply impressed his audiences. He is a most unusual personality.

He heads the Puerto Rico Scientific Research Laboratory, Inc. 1707 Arkansas St. San Gerardo, Rio Piedras, Puerto Rico. Phone 704-0100.

It is Dr. Sierra's hope that you will have time to contact him during your stay in Puerto Rico, May 20-27.

My warmest regards as always!

Sincerely

Mountain View, Ark. 72560
June 3, 1979.

Dear Elisabeth:

How GRAND of you to play hooky for several hours so you could take us to Shanti Nilaya and let us thrill and rejoice with you over this providentially chosen and spectacularly inspiring place! May the GODS PROVIDE YOU WITH THE RESOURCES to buy and develop this beautiful Retreat!!

Your latest book TO LIVE UNTIL WE SAY GOODBYE is a poignant masterpiece. As you know we have bought a dozen more to give to friends so desperately in need. What a creative team you and Mal make! We liked him so very much.

Wish we could have managed to stay over and be with you and your group last Thursday night...and witnessed the burning of the pine cones, etc.

We were so happy that our friend, Laura Horst, was able to be with us for we had been wanting you two to meet, to get to know each other, because Laura has had vast experience with materializations, direct messages (voice as well as psychic mediums) You will find much in common as you get better acquainted.

Am sending you several books of mine, wondering when you will ever find time to read them! HOW TO KNOW WHAT TO BELIEVE tells of a time when I almost died as a result of a health reading given me by Edgar Cayce. His type of past life readings did not impress me. In 6,000 readings these people had been the incarnations of most of the great characters in history. (Cleopatras 8 different times) This subject deserves careful study. It is possible that some individuals may return on missions of service. Would like to have talked to you more about this area...and hopefully we can one of these days. Am concerned about this purported expose the LA Times may be working on. I recall the early years when I facee ridicule and skepticism because I believed in telepathy and various phases of Psychic Phenxomena...but I have lived long enough to see many scientists accepting it. Martha joins in LOVE.

If we can help in any way, let us know.

Shanti Nilaya

Board of Directors:

President: Elisabeth Kubler-Ross, M.D.
First Vice President: Marti Barham, Ph.D.
Second Vice President: Susan Thompson
Treasurer: Boots Martensen
Secretary: Linda Pitta

June 6, 1979

Mr. and Mrs. Harold Sherman
Mountain View
Arkansas 72560

Dear Friends,

This is just a brief note to thank you for coming all the way to Oceanside and then back with me to Shanti Nilaya to see my new healing center and to share with me an afternoon.

I was most delighted to see both of you again, and naturally also to meet your very lovely friends.

I hope you stay healthy for many more years so you are going to see the fruit of our labor and the incredible experiences that we are having in an accelerated rate. There are so many wonderful things happening now in this new field that very few people understand, although we know that the next generation will be more open-minded and more understanding about the real essence and purpose of life.

You have been a great pioneer in this field and you will not only get your rewards in heaven, but I'm sure also on this physical plane by seeing how many things are changing in this next year. And shed more light and understanding into the darkness of this narrow-minded, judgmental world.

Thank you for coming and for caring.

Lots of love,

Elisabeth

Elisabeth

EKR/vp

P.O. Box 2396 • Escondido, California 92025 • (714) 749-2008

Mountain View, Ark. 72560
June 17, 1979

Dear Elisabeth:

So good to get your thoughtful letter!

I, too, hope I can remain on earth long enough to see the great changes for human betterment under way - changes that you are helping bring about. At present, it is a pretty sad, sick world....and largely of man's own making. He may need a good shaking up, mentally and physically, before the changes we visualize can come to pass.

Our faith and our concentration needs to be, as you suggest, on the Next Generation.

I feel we are destined to work together in many practical spiritual areas...and I hope we can manage to keep in helpful touch.

Our Next ESP Newsletter will contain a page I have written about you. Will send you copies when off the press.

Just now our Foundation is getting organized to do and to encourage Survival Research... which, hopefully, can give more and more assurance to people about to make transition.

Your book: TO LIVE UNTIL WE SAY GOOD-BYE is magnificent...we have sent copies to friends who are facing terminal situations...and they have been greatly lifted in spirit and courage by it. What a happy marriage you and Mal had between wordsand picture !

Martha joins in our LOVE!

Mountain View, Ark. 72560
July 28, 1979

Dear Elisabeth:

You warned us when we saw you in your beautiful retreat in Shanti Nilaya that you were expecting to be attacked soon, and that you had been "told" you would be able to weather any storm. However, perhaps even you did not realize how devastating this attack was going to be.

A California friend has just sent us copy of the NEW WEST article by Kate Coleman, titled AFTER ORLD of Entities...and I cannot imagine a purported expose from the Los Angeles Times or any other publication,(and ALL will follow),that could be any more devastating or ruinous to the world-wide fine reputation you have earned.

I am appalled that you could have permitted yourself to be "taken in" by such associations and performances. In my report on your work and your beliefs, in my book "How To Picture What You Want", largely quoted from your statements in an article appearing in the Psychic News, and your actual statements to me, I said in part: "Dr, Ross is aware of the price she may have to pay for saying these things. "I can lose everything I've ever worked for my whole life," she said, "But if I had any doubts I would keep them private." In conclusion, I wrote:"I cannot personally testify, as yet, to the validity of these materializations, but I know that such a phenomenon does exist. And I have great respect and regard for Dr. Kubler-Ross and the great contribution she is making to the removal of the fear of death."

In a phone conversation I had with Donna Spaulding before meeting you, I suggested that it might be helpful for me to sit in on a materializating seance, so I could testify to its genineness, if I found it to be so, as a possible aid to you if and when you should be attacked. But the contents of this article are destined to leave you utterly defenseless....and I fear the worst is yet to come.

You have indeed risked everything...and a press which has been previously kind and laudatory can and will turn against you. I am in position to know what ridicule and skepticism can do, particularly in this field, and when SEX is related to so-called SPIRITUALITY . It is a most unsavory report and I will be surprised if it does not lead to cancellation of speaking engagements, and question and answer periods as embarrassing as they might prove devastating.

In books of mine I have questioned the reality of reincarnation...told about my experiences with Edgar Cayce...and lives that have been ruined by belief in previous incarnations which have destroyed present family relationships. I know, once a person has been committed to such a belief, and complimented by the thought that he or she has been identified with great personalities in the past... it becomes almost an obsession, and they feel they must serve out their present lives as martyrs, if necessary, in support of their convictions.

With a deep feeling of concern for you and the preservation of the great work you have accomplished, I have been trying to visualize how you could possibly UNDO what has been done. I see nothing short of your making the frankest kind of a statement, renouncing your present concepts and associations, as a great and regrettable mistake...something I cannot conceive of your doing. This would take greater courage than trying to stand up under the attacks which are coming. You have received wrong inner guidance or from whatever sroucex, if you have been assured that you could weather such a storm. You have unhappily done a great disservice to the field of Psychic Phenomena, given all materialistic enemies an unparalleled opportunity to tear down what has been increasing public confidence in the higher powers of the mind. I hope you can see yourself in the light that the general public as well as scientists and medical doctors will be viewing you...

I have sent copies of your latest, great book: TO LIVE UNTIL WE SAY GOODBYE, to important friends, all of whom have been impressed. I doubt if many who will write you will have had the background that I have had in my many years of experience in contending against skepticism and deception and self-delusion, and possession...or could sympathize more with the predicament you now find yourself in. I wish I could be helpful...but much depends upon you and the course you may decide to take in self-evaluation and a most objective examination of what you have considered to be genuine phenomena which may have been less than that...and certainly not spiritual.

Martha joins in our sorrow as well as our love.

P.S. My book HOW TO KNOW WHAT TO BELIEVE might be helpful if you have not read it. Would you like me to send it?

EXPLANATION

This letter to Elisabeth Kubler-Ross had to be written to dissociate ourselves from her unsavory involvement with a fraudulent psychic medium who is charged in this NEW WEST article with having had sexual adventures with some of his followers in dark room seances - and also making clear that we cannpt accept Elisabeth's claim that she has been communicating with a materialized "guiding spirit" who has been acting as her guardian "for the last 2,000 years."

It is Martha's and my sad opinion that Elisabeth will have impaired public confidence as well as credibility for any notable future services in this field.

Norman Haward

Mountain View, Ark. 72560
Private phone -501-269-8711

July 28, 1979

Reference: Devastating article in July 30th NEW WEST Magazine attacking seances with sexual implications...

Dear Dr. Ross:

After much deliberation, I have decided to send you, confidentially, copy of this letter I have just dispatched to Elisabeth.

We visited her several months ago at the Mission and then were taken by her to Shanti Nilaya where we spent the better part of the afternoon. We were apprehensive, from the start, with repsect to her association with this psychic group and her embracing of reincarnation...and the public statements she had been making, which we knew were bound to be attacked, sooner or later. It seemed incredible to us that a woman of her intelligence ... her most warm and even contagious personality, could become so involved with such seemingly obvious self-deluded or actually fraudulent people. There was no talking to her about this...she was so sure she was on the path of great human service.

Apparently you have made every effort to restore her to balance prior to breaking up...and this is just to let you know that we have more than ordinary understanding of what you have been going through. In my long life, we have had many similar experiences wherein fine people have been misguided...with ruinous home and other consequences.

I am very much afraid that the great reputation Elisabeth has gined...the respect and regard of millions of people in need of new courage and faith, will have been generally dissipated. Elisabeth will need all the sustaining help she can be given at this time...she may think she can endure what is to come, but I know human nature...and I know the press...and both can be merciless when the tide turns.

In all my life, I have never encountered a case which has hurt me more...for Elisabeth and for the field of Psychic Phenomena which must suffer as a consequence. How can anybody help now? My BEST!

Elisabeth Kübler-Ross in the Afterworld of Entities

By Kate Coleman

There's something, well, worldly, about her spirit councilors.

SWISS-BORN psychiatrist Elisabeth Kübler-Ross is by now familiar to many Americans for *On Death and Dying* (Macmillan), her revolutionary best seller on the treatment of the terminally ill and their grieving families. Death, she argued, has been taboo too long, the dying ignored by uptight hospital staff, the subject avoided by the dying and their families.

In the late sixties, Kübler-Ross hit upon a groundbreaking method of counseling: The therapist listened and learned from the patient first, hospital technicians second. By recognizing, then charting, the five stages of death—from denial to final acceptance—Kübler-Ross provided guidelines for alleviating the loneliness and pain of dying.

Patients needed more power over the conditions of their own death, she insisted. Partly through her efforts, more than 50 hospices for the terminally ill have been formed nationwide. Dying at home is now a real choice.

As one who has helped to popularize her own as well as others' newly devised treatments, she is regarded as the death-and-dying movement's prime mover and is in great demand all over the world as a lecturer. "They come out of the bush in Samoa to hear her speak," says an associate who helps Kübler-Ross organize her prodigious speaking schedule.

Lately, however, the 53-year-old thanatologist is causing concern within the movement and dismaying many of her former associates with behavior that smacks of the occult, or simply the bizarre.

There is an afterlife, Kübler-Ross now tells wide audiences—a happy hereafter devoid of hell, pain or retribution. There is nothing to fear from life after life, as she and others in the movement call it. Indeed, death sounds better than a trip to Disneyland. As proof, she cites the many interviews she and other investigators have conducted with people who have been resuscitated from clinical death. Such talk disconcerts many in the field of counseling for the terminally ill. Kübler-Ross herself admits publicly that many people think she's gone off the deep end. Others in the movement feel she's just too certain about her afterlife conclusions.

More startling, Kübler-Ross argues the existence of an activist pantheon of supernatural beings, all of them benign. She refers to them as "spirit guides" or, more affectionately, "spooks." Her very own spirit guide, she has now told thousands who have come to hear her lecture, is named Salem. She has even played a tape of a spirit singing "You Are My Sunshine."

One possible explanation for Kübler-Ross's views came from a psychologist, who said, "She's tried for so long to help people who are dying. What better way than that of showing the world you can transcend your own death?"

But a few former colleagues have a darker interpretation. They lay the blame

Kate Coleman's last piece of investigative reporting was an article on the Black Panther Party for New Times.

"...Entities have made mad, passionate (or, according to one source, uninspired) love to humans..."

for her growing interest in spirits on her close association with a mail-order minister, the Reverend Jay Barham. Barham, says one former associate and friend of Kübler-Ross, has wielded a "Svengali-like" influence on her, hoping to use her considerable prestige to attract more converts.

JAY BARHAM incorporated his nonprofit Facet of Divinity Church in 1975. Barham, a high-school dropout who speaks with a southwestern drawl, had already attracted a modest following of more than 100 people. This core group of devotees resided in Escondido, San Diego and Los Angeles. The 50 or so Los Angeles members of the group, many in social work or related fields, would commute south to Escondido several times a month—to share in church-related activities, or to participate in other Barham specialties: either the so-called Barham method of psychodrama or sexual therapy.

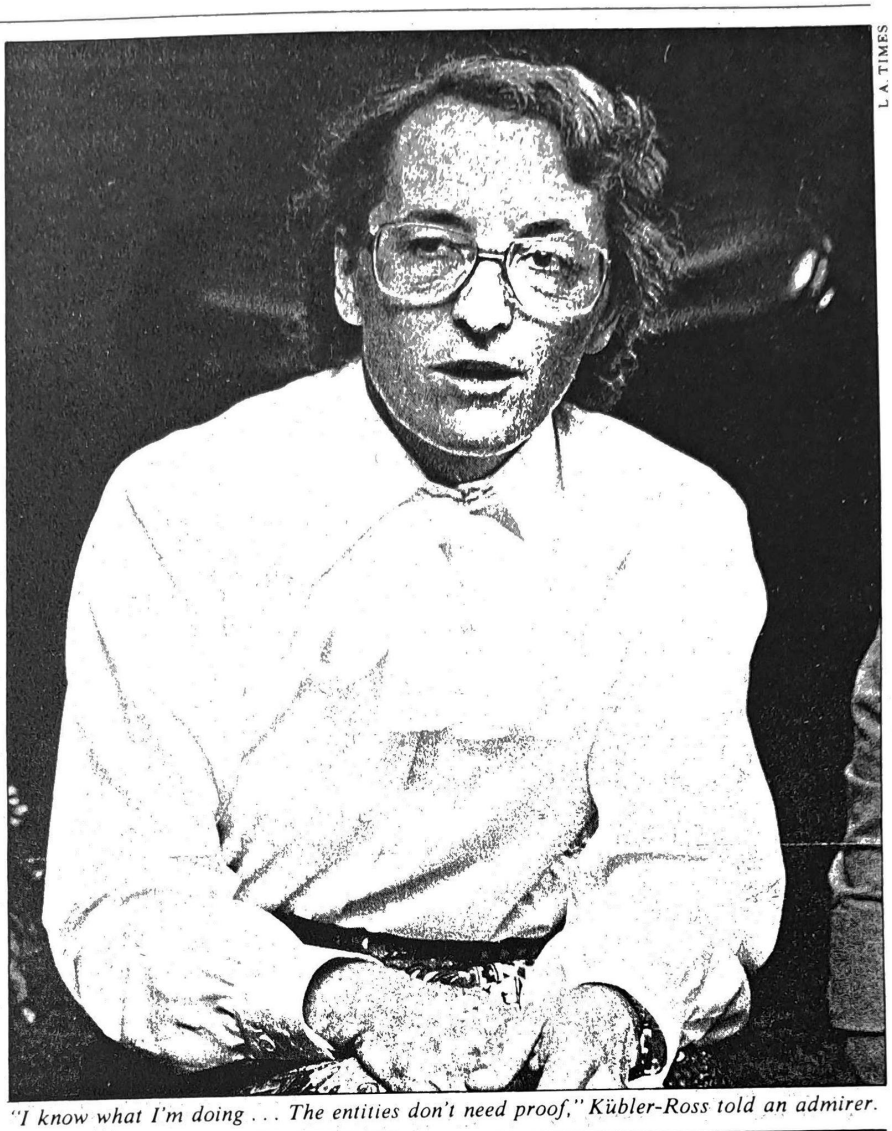
Kübler-Ross met Barham and his wife, Marti, in 1976, and since September of that year has pooled resources with the pair and worked with them doing counseling and therapy.

Kübler-Ross even persuaded her husband, neuropathologist Manny Ross, to purchase for $250,000 a 42-acre, boulder-strewn site in the Escondido foothills near San Diego for a "healing and growth" center (now called Shanti Nilaya, Sanskrit for "Home of Peace") she founded with the Barhams.

What was it particularly about Jay Barham that so attracted Kübler-Ross? Friend and foe alike say he's not much to look at ("Ugly as sin," was the way one woman put it) but has a certain craggy, rugged presence, accented by the western clothes he affects. Though he sometimes speaks in ungrammatical sentences, he is considered by some shrewd critics to be very sensitive and intuitive. His greatest attraction, however, is the founding of a religion in which he himself starred as a medium during séances to "materialize" so-called entities or spirits.

Barham's church provided a handy cosmology and godhead belief system of reincarnation and afterlife called the "unobstructed." In the "unobstructed," things are reportedly so happy that Barham, Kübler-Ross and many people associated with Shanti Nilaya smoke cigarettes like fiends because in the hereafter their lungs and everything else they will have lost physically in this life will be more or less restored.

Séances take place in the "darkroom," which consists of one large meeting room and two small "visitation" rooms. The trite props of more pedestrian séances are employed: a voice trumpet, a fluorescent-painted scarf and, of course, darkness. The group sings and chants to raise the energy level of the medium or "channel." Barham, they say, has the gift of channeling and can "trance" while lying down in one of the little, darkened visitation rooms. Such efforts supposedly pay off in the "materialization" of the so-called spirit guides which, one by one, "clone the cells" of Barham's body. The spirits part the curtain and move into the main room, sometimes stark naked. Some of the darkroom regulars are named "Anka," "Willy" and "Mario." These entities speak or sing to the group at large.



L.A. TIMES

"I know what I'm doing . . . The entities don't need proof," Kübler-Ross told an admirer.

But the real twist, the chef d'oeuvre of the Facet of Divinity Church, is the materialization of personal spirits such as Kübler-Ross's Salem. In all-night marathon sessions, "private" spirits are conjured up singly. Each spirit then escorts its special human charge into the vacant back room for a secluded tête-à-tête. *New West* has learned from a variety of sources, some of them participants, that some of these so-called private entities have made mad, passionate (or, according to one source, uninspired) love to their all-too-human earthly charges.

It is a doctrine of this church that earthlings need to loosen up sexually and that there's nothing like getting it on with a spirit to help all of us over our repressions, guilts and fears. But within limits: Homosexuality, say the entities, as related by a church adherent, "is unnatural." "It is true, as you have heard, that we enjoy touch," one entity says in a tape-recorded session, according to a transcript *New West* has received. But another, later transcript makes it clear that "an entity would never indulge in sexual activity for selfish gratification."

If you are advanced you will understand

1) ONENESS principal (everything alive consciousness & one)

2) Consciousness and who "we actually are"

We are on the verge of understanding this. OBE, NDE, Consciousness research, realizing metaphysics dogma is dead.

How could the intelligence a thousand or million years not realize

TO PREPARE FOR THE COMING OF THE GATTAE

In 1946 and 1947,Harold Sherman wrote two science fiction novels,"The Green Man" and "The Green Man Returns" in which he put in story form a vision he had received of the coming of Space People from another planet, to savethe inhabitants of earth from self-destruction through a possible Third World War and other cataclysmic happenings.

After the first novel was published by Amazing Stories magazine, Kenneth Arnold, a private pilot, reported the sighting in western skies of nine unidentified objects which he called "flying saucers". This caused many readers of "The Green Man" to write Editor Ray Palmer,urging him to have author Sherman write a sequel telling about the extra-terrestrial being,Numar's promised return if the human race should be in peril,bringing with him a host of fellow Green Men to help install a New Plan of Living for the peoples of earth.

"The Green ManReturns" proved a sensation in its day and ever afterward, newspapers in reporting on the sightings of aliens from space, referred to them as "little green men."

Since that time, there have been thousands of reported sightings of U.F.O.'s, a percentage of which have been found to be nothing more than [illegible] excited, even hallucinatory imaginings, or out-and-out hoaxes.However, enough inexplainable,well-documented close encounters with strange objects and lights in the sky as well as claimed abduction cases, to have caused widespread belief in the genuine existence of extra planetary visitors. In addition, the enormous success of the motion picture "E.T." attests to the universal popular acceptance of the possible advent of beings from Outer Space.

And now, as though following some higher planned program of preparing mass consciousness for welcoming some alien visitations, a book has appeared on the scene with the unusual title,"On A Slide of Light", authored by Greta Woodrew, a remarkably credible,educated and psychically endowed woman. She has deeply impressed scientists and others with her amazing demonstrations of Psychic Phenomena and her claim that she is serving as a communicativechannel for extra-terrestrial intelligences from the Ogatta civilization, a distant planet of superior beings who, much as reported in Harold Sherman's "Green Man" stories, are concerned over our planet's destiny, and may come to earth in force in the foreseeable future, to be of aid in a time of great crucial world need.

It so happens that Harold Sherman, himself, is a world known sensitive, having gained recognition years ago for his now classic experiments in long distance telepathy with the Arctic Explorer Sir Hubert Wilkins,when Wilkins was in the far north, near the North Pole,searching for the lost Russian fliers. At that time, test arrangements were set up for Harold Sherman to act as Receiver,concentrating his mind on Wilkins from his New York City study and recording impressions he hoped to receive in imagery and feeling form, from the mind of Wilkins at whatever point he might be, some 2 to 3 thousand miles away.

It was Wilkins' assignment to re-live and review,inhis mind's eye, the outstanding things that had happened to him and his search expedition that day.The experiments were conductrf 3 nights a week - Monday,Tuesday and Thursday, 11:30 to 12, Eastern Standard Time, withWilkins synchronizing the difference in time at his end.

When the little more than 5 months of the experiments were concluded,during which time Sherman had recorded several hundred impressions,and mailed copies each night to Dr. Gardner Murphy,head of the Psychology Department at Columbia University, as one of the witnesses, to be later checked against Wilkins' diary and log, it was found that some 70% of Sherman's impressions were remarkably accurate.These experiments,reported by Wilkins and Sherman in their book,"Thoughts Through Space", took place during the fall of 1937 and the spring of 1938. Since that time, Sherman has continued his research on the higher powers of the mind and has written many best selling Self Help and ESP books, giving documented case history accounts of many psychic experiences he has had, with explanations as to how these mentalpowers can be developed.

The meeting of Harold and Martha Sherman with Greta Woodrew and Dick Smolowe appeared destined to happen. Because of their unusual psychic sensitivity they had an immediate communicative and loving relationship, one for the other. It helped for each couple to have had a supremely happy married life - the Shermans for going on 63 years, and the Smolowes for over 28.

All four recognized,at once,the colossal problems which could arise when predicted cataclyms such as a devastating earthquake in Los Angeles or San Francisco areas - or along the eastern coastline,including New York City. should occur. A happening as disastrous as this would probably lead to the coming of the Ogattans, whose different physical appearance alone might, from Greta's description, prove shocking,even frightening, at first sight. Fear of the Unknown always considered the most damaging fear of all.

It would be psychologically and physiologically suicidal for any extra-terrestrial beings to make a visitation in force on this planet without first having had the way established for their friendly acceptance on arrival . Even Harold Sherman's first science fiction story, "The Green Man" had NUMAR, a representative of his alien race, make an individual appearance to acquaint the people of earth with his looks as well as his nature before he would return with a goodly number of his fellow green men, with world confidence and interest in them accomplished.

Great care must be exercised to avoid any religious suggestion that the coming of the Ogattan or any alien civilization to this planet is not to be interpreted in the nature of a "Second Coming of Christ". In all of Harold Sherman's Self-Help and ESP books,he has referred to the Creator of this boundless universe as "God,the Great Intelligence", emphasizing again and again that a part of this Great Intelligence exists as an "I AM" awareness in every human consciousness.Sherman has kept his writings free of any involvement with the dogmas or creeds or isms of any religions, so that his references to the higher powers of mind are not in conflict with the concepts of any faith,carrying as they do, a basic spiritual undertone. Practically all humans are in agreement that they exist as the result of a supreme creative power,which is behind all forms of life, not only on this planet but all others.

"Seeing might be believing" - but seeing could also be frightening.. and especially if the appearance of Ogattan entities, should they appear,could be so entirely different as to be regarded as ugly, even repulsive, byso-called human standards of design or concept.

Greta, in recogniton of this andall associated problems,has these comments to make in her closing comments in her most challenging book:

> You and I are living through one of the most crucial eras to confront humanity since the dawn of history. We must meet it with a heightened sense of awareness and an inner sense of peace. I look for the American heritage of positive thrust and positive energy to assert itself in the transition. My mission will be a success if you strive to help others and allay their fears of the unknown.To quote Tauri (her Ogatta friend) "Better a littlelight than no light at all,"
>
> I look for the Ogatta group and similar groups to become a part of your experienced reality. I look to interfacing with those who come from the Cosmos to help Planet Earth. I look to welcoming them and assisting their benevolent efforts on our behalf. I look to the coming of the gattae.
>
> I look to riding on a slide of light with you...or WITHOUT you!

****

PREDICTIONS OF THINGS TO COME:

"Due to man's inhumanity to man...and Nature's plan...
there will be a change to the face of our planet..."

This is the cryptic message which came through Greta Woodrew, serving as the channel of communication for the Orgatta Group.

The Prediction cannot be expected to be taken seriously by the world-at-large until some earth-shaking disaster takes place. Then people everywhere should be willing to listen hopefully to authoritatively established messages of caution and guidance.

Apparently only a short time is seemingly remaining to our present civilization for such preparatory helpful knowledge and reassurance as can be given, to be provided.

If it is possible - and only Greta can determine this - it would be imperative that contact be made with outstanding Ogattans with whom communication has been established. A program should then be evolved whereby several of them would materialize so that they could meet and be seen by a selected few human witnesses who could testify as to their reality. This would be in line with Greta's statement that a time would come when all humans could "experience reality of face-to-face contact"with the denizens of the Cosmos.

Without some such evidence at the right psychological moment, it would be most difficult with all psychic manifestations that Greta might demonstrate, to impress a doubtful, materialistic world. With such support on the part of her Orgattan extra terrestrial friends, a great change in mass consciousness could be achieved.The Ogattan entities would not need to appear in the beginning except to a private meeting of scientists and prominent persons whose testimony would be sufficient to be accepted by the great majority of world peoples.

THE GREEN MAN

A Synopsis by
Douglas Alver Menville

of the Novel by

HAROLD M. SHERMAN

THE GREEN MAN

The year is 1943. Two years before the end of World War II and the dawn of the Atomic Age. Four years before a man named Kenneth Arnold will see over Mt. Rainier the first flight of what will come to be called "flying saucers" and later, "UFOs." Nineteen forty-three: a year destined to change the consciousness of the entire world forever, turning mankind away from throughts of war and shortages for a while, turning men's minds outward and upward--if only briefly--to the stars.

PROFESSOR WILLIAM ROSCOE BAILEY certainly has no inkling of the role he is soon to play in the cosmic drama that is about to unfold as he and his wife drive home through the warm California night. A world-renowned astronomer who has spent the better part of his 40 years with his feet on the ground and his head in the stars, Professor Bailey has evolved some rather radical theories from time to time, with which he loves to shock his more conservative colleagues. Tonight he has done just that with his paper, "Are Other Planets Inhabited?" delivered at the annual meeting of his astronomical society. The Professor has postulated that "there may be millions of other worlds containing forms of life and intelligent creatures far beyond our present evolution." Today, this is a commonly held belief among scientists --but in 1943, it was strictly out of the pages of AMAZING STORIES to most astronomers, and the debate after the Professor's paper waxed long and hot.

The furious controversy his paper caused is still on the Professor's mind as he drives down the steep, winding road

from Mount Wilson Observatory. His staid, down-to-earth wife, NELL, is somewhat upset. She thinks her husband has probably only succeeded in harming his reputation with such a wild concept. An attractive woman in her mid-30s, Nell is something of a nag at times, fiercely practical, and the exact opposite of her visionary spouse. Although she loves him very much, to her he is not the brilliant theoretician the world knows, but rather a small child to be watched over and kept out of trouble constantly. He is to her the child they never had.

As Professor Bailey attempts to convince his wife of his conviction that life exists on other planets, the car motor suddenly coughs, sputters, and stops. The electrical system is completely dead for no apparent reason, and the car rolls to a stop in a decline between two walls of rock. Outside, the night is pitch dark; only the twinkling stars above and the twinkling lights of Los Angeles below give any light at all.

Unable to cope with any kind of mechanical contrivance outside of an observatory, the Professor sets out on foot to look for a telephone. After he has made his way cautiously down the mountain road for a few hundred feet, he spots a light--a kind of hazy luminosity--but it is off the road quite a distance. As he heads toward it, he finds the terrain steep and rocky and overgrown with brush. Suddenly, a stone turns under his heel and he tumbles down a rocky incline head first.

At the bottom, the Professor lies on his back, his head throbbing painfully and lights dancing before his eyes. He spots the North Star in its accustomed place as he recovers his wits, but this other star--the moving one--what is this?

Can't be a meteorite... As he watches in amazement, the Professor sees the "star" become larger and larger as it descends toward him. Now he can make out its shape--a huge, silver, saucer-shaped object, glowing with a pulsing blue light. It lands quietly a few yards away, and the astonished Professor struggles to his feet, believing it to be some kind of secret aircraft for the war effort.

A few moments later, a hatch in the side of the craft opens noiselessly, and a man steps out--but what a man! Well over six feet tall, the stranger has a long face with strong, handsome features and an abnormally high forehead. His luminous, piercing green eyes are, incredibly, matched by his skin! Except for this bright green skin color, the being appears to be human and is clothed in a flowing white robe and tight-fitting white head-dress.

The stranger introduces himself to the Professor as NUMAR, an inhabitant of the planet Talamaya on the other side of the Milky Way. He has been en route to Earth for three months, a voyage of approximately a trillion miles, and has chosen the Professor to be his host while on Earth. He feels that the Professor will be able to help him get across his message to the people of Earth. He tells the Professor that he stopped the motor of his car with a ray from his ship, but that now it will start again.

When they reach the car, this proves to be true--and Professor Bailey actually begins to believe this incredible happening! Nell, however, is another matter--she is highly suspicious of this tall green stranger and believes him to be a fake, a cultist of some sort. However, she agrees to let him stay with them for a few days until he can find his cult.

At the Bailey home in Glendale, Numar refuses food, saying that on his planet, nutrient is taken directly from the air and water. He also tells the Baileys that he never sleeps and is several million years old! Mrs. Bailey becomes more and more upset at each new marvel, refusing to believe that their house-guest is from another planet, while the Professor becomes more and more convinced.

Once, when the Professor inadvertently touches Numar, he receives a terrific shock, blue sparks spitting, and finds himself thrown across the room! Numar apologizes, saying that it is a natural defense mechanism of his race, something like the electric eel of Earth, and that he can control it if he knows he is to be touched.

Soon, the neighbors get wind of this strange green visitor and line the fences to get a look at him. Word spreads like wildfire. Then the doorbell rings, and in pops the Baileys' vivacious and beautiful young neice, a blonde bombshell, BETTY ANNABEL BRACKEN. She is as star-struck as it is possible for a young girl to be, and this morning the stars are really in her eyes: she has been promised a screen test at Warner Bros. and just flew in from New York to stay with her aunt and uncle for a few days.

When Betty is introduced to Numar, she assumes him to be an actor of some kind, impersonating a spaceman, and admires his makeup. But his obvious sincerity and personal magnetism soon overcome her skepticism and she begins to believe his story.

The doorbell rings again; this time it is the police, who have heard reports of a suspicious-looking character in the

Bailey home. When the Professor tells them his story, they consider him a candidate for the funny farm, but after meeting Numar and attempting to arrest him, they're not so sure! When they try to take him in for questioning, Numar's shock effect knocks them both tail over teakettle, but to avoid trouble, he agrees to go quietly with them. "It will be an interesting opportunity to observe your world," says Numar.

At police headquarters, POLICE CHIEF CHARLTON K. ANDREWS talks to Numar and is almost convinced that he is telling the truth. He decides not to press charges and allows Numar to be interviewed by a host of eager, if skeptical, newspaper reporters. He answers some of their questions, saying that he has come here to deliver a message of great importance to the people of Earth. He intends to broadcast this message over every radio station in the country and to other countries as well from Chicago, which he says will become the future capitol of the U.S.!

After the interview, the photographers take pictures of Numar posing with Betty and the Professor. They even talk Betty into kissing Numar--a custom unknown to him! When she does, she receives a tingling shock like nothing she's ever felt before--not even from her fiancé, of whom, more later.

Before Numar leaves the police station, he performs another marvel: by long-distance clairvoyance and psychokinetic power, he seeks out and stops a car full of fleeing bank robbers, so that the police can capture them.

As Numar, Betty, and the Professor leave the police station, they are accosted by a talent scout from MGM, who wants to put Numar under contract. He politely refuses, but Betty tells the agent to come see her, thinking that two screen tests are better

than one!

As the party prepares to enter a waiting taxi, Numar accidently touches a man in a wheelchair--and his electrical aura jolts the man so that he suddenly finds that he can walk again, for the first time in 20 years! A miracle!

Back home, they have to fight their way through a huge crowd of curious spectators, some, who have already heard of the miraculous cure, waiting to touch or be touched by this strange green Messiah and healed. Things are getting out of hand rapidly, and the police have to be called in to keep order. The late editions of the papers arrive then, and to their astonishment, Betty and the Baileys discover that Numar cannot be photographed! To the amazement of the press, Betty and the Professor are quite visible on the front page, but something about the Green Man's aura makes him invisible to film!

In order to placate the crowd, Numar agrees to go out and let them touch him, but to their disappointment and anger, no cures occur. The mob's mood turns mean, but Numar is unafraid. Suddenly, a mother with a little crippled girl comes up, still believing in him, asking him to cure her daughter. The Green Man kneels, gently talking to the little girl and stroking her legs until she rises up out of her wheel chair and walks! The crowd is silent, awed; Numar tries to explain that he is not a healer, that sometime his natural electrical forces can cause regeneration of nerve tissue, but they believe only what they want to believe. They think him a miracle worker--perhaps a new Messiah!

Chief Andrews is forced to put the Bailey house under

police protection, and controversy swells all across the country as word of Numar's "miracles" and his baffling photographic invisibility gets out. Editors from the wire services, from TIME, LIFE, NEWSWEEK, LOOK, and other magazines and newspapers, clamor for more information about this mysterious refugee from Buck Rogers.

The President of the University of Chicago calls long distance to offer to let Numar broadcast his address from the stadium during half-time of the Chicago-Notre Dame football game--and Numar accepts. He also accepts an invitation to appear on the world-famous radio quiz show, "Information, Please," and to address a special joint session of Congress in Washington. Here, he will also meet President Roosevelt.

Professor Bailey invites several of his world-renowned colleagues in science to interview Numar, to prove his authenticity once and for all. But the meeting ends in a draw, with only half of the scientists really convinced that Numar's claims are genuine. The Professor apologizes to Numar, but the spaceman is not concerned. He says everything is going as planned, and he appreciates the Professor's help and support.

While this is going on, the MGM talent scout manages to corner Betty, but his opposite number from Warner Bros. shows up too. In order to get someone near Numar under contract, they bid against each other, Betty finally signing with MGM. Not to be outdone, the Warner Bros. scout then signs up--Mrs. Bailey!

Meanwhile, across the country, at Kelly Field, Texas, FLIGHT LIEUTENANT HARRY HOPPER is lying propped up in his bunk, enjoying a Lucky Strike before lights out and staring

wistfully at a photograph of a stunning blonde tacked up on the wall. It is not Betty Grable or Betty Hutton--but Betty Bracken! Harry, a good-looking, lanky young man with dark, unruly hair, had met Betty a year ago on Broadway, when they both had bit parts in a shoestring production there. Working together closely, they had fallen in love and had planned to go to California together and take Hollywood by storm. Unfortunately, Uncle Sam had other ideas, and Harry suddenly found himself whisked out of the arms of his sweetheart and into boot camp, leaving Betty to pursue her career alone. Apparently she was awfully busy at it, thought Harry, for she had not written to him now for almost a year.

When Harry's buddy and room-mate calls his attention to the stories about Numar in all the papers, Harry is at first skeptical and amused by the gullibility of the public--but his feelings suddenly change to rage when he spots the picture of Betty kissing "nothing" on the front page! He is horrified, angry, jealous, hurt--and determined! Determined to somehow get to Hollywood and save Betty from making a fool of herself and ruining her career. Through some dangerously negligent flying, Harry manages to convince his C.O. that he needs a furlough and he takes off like a shot for California in an Army plane.

By now Numar is world-wide news, his picture (painted, not photographed) on the covers of such magazines as LIFE, LOOK, TIME, and even AMAZING STORIES! Numar appears on the Sackswell Coffee House radio show, but the script is so puerile that he refuses to read it and walks out in disgust, leaving popular comedian FRANK MORGAN speechless--for once!

Lt. Harry Hopper lands at Los Angeles Municipal Airport just in time to see his beloved board a plane for New York, along with the Baileys and Numar, who is to appear on "Information, Please." Harry misses Betty by minutes only; there's nothing to do but gas up his plane and head for New York.

Harry's plane catches up with Betty's airliner in mid-flight and he waggles his wings at her. She realizes that it must be Harry, whom she had almost forgotten, but she's too excited at approaching New York and being with Numar to pay attention.

A huge welcoming committee, headed by MAYOR FIORELLO LAGUARDIA himself, greets the Green Man and his party at LaGuardia Airport. Other notables, including CLIFTON FADIMAN, host of "Information, Please," WALTER WINCHELL, DOROTHY THOMPSON, and H. V. KALTENBORN, are also on hand with comments and questions. Winchell has an "inside tip" that Numar is a fake--he's really a chemical worker from Brooklyn named Izzy Zwankenstein who fell into a vat of green dye. The Mayor welcomes Numar to New York, and then the reporters swarm in to ask him questions. He answers them calmly and directly, and they are unable to shake his story; they find themselves impressed in spite of themselves. When Winchell confronts him with the "Izzy Zwankenstein" bit, the Green Man laughs aloud--for the first time! Then the science editor of the Herald-Tribune asks for a demonstration of Numar's electrical powers, and the frustrated and skeptical Winchell is pressed into service. He shakes hands with the spaceman and a blue flash hurls him several feet away! When the dazed columnist picks himself up, he angrily threatens to sic J. Edgar Hoover on Numar for carry-

ing concealed weapons!

As the party leaves the airport in the Mayor's limousine, Betty catches a glimpse of Harry struggling through the crowd to get to her--but again he is too late!

The world's first interplanetary visitor and his friends are put up at the swanky Waldorf-Astoria Hotel as guests of "Information, Please," and the following day, after a hectic sight-seeing tour of New York, Numar appears on the program with OSCAR LEVANT, JOHN KIERAN, F. P. ADAMS and CLIFTON FADIMAN, the host. The spaceman amazes the distinguished intellectual panel members with his incredible knowledge of events on Earth and his answers to questions about his origin and his people. He leaves them with their heads swimming with speculation, along with millions of radio listeners.

Outside, Lt. Harry Hopper, frantic by now, is vainly trying to get through the milling crowds outside the NBC building. He vows to kayo Numar when they finally meet, seeing the Green Man as the real source of his troubles. Again the party eludes him, having been hustled out the back way to avoid the crowds.

The next day Numar and his party board a train for Washington, D.C., where they are greeted by SENATOR ALFRED B. HOOLIHAN. He escorts them on a tour of the nation's capitol, after which the Green Man addresses a special joint session of Congress.

"I bring you greetings," he begins, "not only from the beings on my planet but from the various beings on over a thousand inhabited planets between my world, Talamaya, and your own." He goes on to amaze the assemblage by describing the vast multitudes of inhabited planets in our galaxy and how they and the people of Earth are all part of a vast cosmic plan.

He urges mankind to become aware of its part in the Scheme of All Things, and to strive to finish the work it has undertaken here, to end war forever, and to achieve a just and lasting peace among all nations.

A tired and frustrated Harry Hopper has now arrived in Washington, where he manages to trace Betty to the White House. He arrives just in time to see Betty and her party disappear into the Oval Office for their interview with FDR. Harry tries to follow her, but guards restrain him.

PRESIDENT ROOSEVELT is much impressed by Numar's striking appearance and his frank and open manner. The Green Man tells him that his remarks to Congress today were relatively unimportant--his real message will be given in Chicago tomorrow afternoon. The President promises to be listening in.

As Numar and his friends leave the President's office through a private exit, Harry is overjoyed to hear that the President will see him! But it's all a mistake: Harry has been mistaken for another young flyer scheduled to receive a medal, and FDR presents it to the flabbergasted Harry instead! Not wanting to make the President look like a fool, Harry grins and bears it...

When he finally extricates himself, Harry learns that Betty and her party have been taken to FBI headquarters, to be questioned by J. EDGAR HOOVER himself! When the suspicious Director attempts to take Numar's fingerprints, he learns to his astonishment that the spaceman has no prints! Hoover still feels that Numar is a clever fake, but he has no basis to file charges, so the party is released. But when Harry barges in, just a few minutes too late as usual, Hoover detains <u>him</u> and

calls Harry's commanding officer at Kelly Field. The commandant is outraged to learn that Harry has been flying all over the country, using up precious gasoline in an Army plane, and orders him to return to base immediately!

The following day, in Chicago, the Chicago-Notre Dame game is sold out. Thousands jam the stadium at Soldiers' Field, while millions more listen eagerly to the game as half-time approaches. With only two minutes remaining in the first half (and the score Notre Dame, 55, Chicago, 0), a plane suddenly roars over the audience, flying low and circling around as though looking for something--or someone. Betty recognizes Harry and realizing that he must still be searching for her, is touched by his persistence and tries to wave to him. But before he can spot her, a trail of black smoke billows out from the overtaxed engine, and the plane veers out toward the lake, where Harry barely manages to land it on a carrier there.

Finally, it is half-time, and after a brief salute to Numar by the combined bands of the two teams, PRESIDENT ROBERT HUTCHINS of the University of Chicago introduces the man from outer space to a hushed crowd of 130,000.

"People of Earth," says the Green Man, "I, Numar the Awakener, am here! I have been sent here to speak a prophecy to you. A great light is soon to appear in the heavens. Its brilliance will startle all mankind. It will cast an illumination over the entire earth. It will mark the beginning of the great change to take place on this planet. It will awaken all humans to the realization that there is a power far greater than themselves..."

Not a sound, not a cough or a sigh can be heard among the

listeners as Numar's words sink into not only their ears, but their minds as well. Millions of people throughout the world sit transfixed before their radios, as Numar goes on to describe the great change that will come over the world and its inhabitants, as men are forced to think not in global, but in cosmic terms. With the coming of the great light will arrive a host of higher beings who will work with the new spiritual leaders who will arise in each country. The floodgates of revelation in the sciences will be opened, he promises, and man will rise upward out of chaos into harmony with all things. The time of this awakening is not yet foreordained--it is to occur when mankind shows by certain developments on this planet that he is ready. This could be ten years or a hundred years from now. It is up to you, he says. We will keep watch over you from now on--you will begin to see our craft in your skies within a few years. They will monitor your progress and report it to us. The first evidence of the great light will be detected in the East. "When this comes to pass," concludes the Green Man, "you will know that I, Numar the Awakener, have spoken."

As the world catches its breath and tries to assess the message it has just received, Harry Hopper has arrived at the stadium and is once again battling his way through a crowd toward his sweetheart. But he finds himself out on the field as play resumes, and he is promptly knocked cold by a wall of Fighting Irish!

World reaction to Numar's speech varies, but skepticism prevails. The business of war is too much on everyone's mind to spend much time thinking about universal peace. But Numar

is not disturbed. He tells Professor Bailey that he has done what he came to do and now he must leave. The world will forget, he says, until the time appointed arrives. Then it will remember--when the great light appears in the sky.

Back in Los Angeles once more, the Green Man and his party are met at the airport by a furious Harry, who has recovered and managed to repair his plane and fly from Washington to L.A., arriving only minutes before them. This time he makes it through the crowds and takes a swing at his green-skinned nemesis. A flash of blue sparks sends him sprawling, and a now-sympathetic Betty rushes over to him. The lovers are reunited at last!

But the fracas attracts the attention of the less understanding L.A. police, who order the entire party into the patrol wagon for questioning. On the way to the station, Betty suggests to Numar that he stop the police vehicles, which he does. The cops get out to see what's wrong, and Harry takes immediate advantage of the situation by leaping into the driver's seat and taking off like a bat, as the engine comes back to life!

A hair-raising chase across Los Angeles and up the winding mountain road to Mt. Wilson ensues. After a few narrow escapes, Numar and friends arrive at the secluded spot where the space ship is hidden. Numar thanks the Baileys, Betty--and even Harry--for all they have done for him.

"Won't we ever see you again?" asks Betty sadly.

"There is an eternity of time ahead," replies Numar. "Perhaps we shall all meet again, somewhere." He lifts his hand in farewell, adding: "You will think of me when the great light appears."

And he is gone, into the underbrush. A few minutes later,

just as the howling patrol car rushes up and brakes to a screeching stop, the entire party sees a bluish glow become brighter and brighter, and then a majestic silver saucer lifts into view, hovers briefly, then shoots off into the sky and is gone.

The little party ignores the angry questions of the policemen as they stand staring upward and outward, into the immensity of space. They feel a great emptiness within them, as if something precious has departed, but they also know that something even greater will come to fill them in the days ahead....

THE END