

The *Update* WOODREW

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SCIENCE CATCHES UP WITH PARAPSYCHOLOGY

"By detecting minute magnetic fields in human organs and tissues, researchers hope to diagnose ailments ranging from dementias to genetic diseases." So states the table of contents of the Aug./Sept. issue of MIT's Technology Review magazine for an article titled SPECIAL REPORT: BIOMAGNETISM. For years, sensitives have claimed that each human organ emits a radiation that pulses at a specific (discrete) frequency and gives off a color emanation that signals the health of the organ. Additionally, a change in color from an organ precedes the 'sickness' in the organ and, if diagnosed in time, can be treated prior to the physical manifestation. These statements from traditional 'healers' have been documented for as far back as literature can be found.

The energy radiations are in the infrared portion of the electromagnetic spectrum, outside of normal sensory awareness. Only those more highly attuned have been able to detect them. Phil Callahan in "Tuning Into Nature" states that "all things natural to the earth radiate naturally in the infrared. Every insect, mammal, tree and living creature emits its own characteristic radiation."

In the middle third of the 20th century a flurry of activity by the Russians to enhance these infrared emissions by means of high-voltage photography brought the phenomenon to the attention of the world. The Kirlians, Valentina and Semyon, used high-voltage, or aura, photography to show the spark of life that animates all living things. Vivid descriptions of various aspects of the Kirlians' work appeared in many Soviet medical and scientific journals. Kirlian said, "Work on the Kirlian Effect's diagnostic properties alone is being conducted not only in Russia but in Romania, Bulgaria, Hungary, Czechoslovakia and East Germany by over 1000 high-level scientists, physicists, biologists and medical doctors." And a hospital in Rostov-on-Don recruited the

help of 100 mothers who gave birth to children in 1973 and 1974 to visit monthly so that the children's auras could be photographed and health guidelines set up. But the use of high-voltage charges has been shown to be hazardous to health and little has been heard of this project at Rostov-on-Don since Gris and Dick reported it in their book, "The New Psychic Discoveries."

But...it was only a matter of time. Since all EM waves transport energy from a source to a receiver, and infrared frequencies are the natural frequencies in which we are bathed all of our lives, it was inevitable that technology would build a receiver and catch up to the psychic community.

The MIT article acknowledges that "living things create their own magnetic fields. Through electrical interactions and other processes, the hearts, lungs, livers, and other organs of birds, fishes, and mammals...including humans...produce tiny but detectable changes in the magnetic environment around them. Technical advances over the past 15 years have led to an increasingly sophisticated series of magnetic-field detectors. As a result, biomagnetism, as the phenomenon is known, is promising to take a role in medical diagnosis, helping physicians to zero in on a spectrum of ailments ranging from brain disorders to lung disease to liver conditions." The beauty of the diagnostic technique being pioneered in the laboratories now is that it is non-invasive and not harmful.

The article concludes: "Biomagnetism remains in the realm of experimental science. Nevertheless, the rush of activity in the field and the plethora of results indicate that biomagnetic techniques could soon be recognized as diagnostic tools of major significance." I wonder if these researchers are the reincarnates of some of those who were burned at the stake in Salem!?



MOUNTAIN MUSINGS

What's a hundred million times longer than a member of its family, pulses a hundred million times less each second and travels at the same speed? Answer:
An electromagnetic wave.

At any gathering of like minded New Age thinkers the term 'EM waves' is sure to be bandied about. New Age people talk in terms of energy, and that (of course) is electromagnetic (EM) energy. But how many on the "spiritual" side of New Age thinking actually understand what they mean by the term?

The riddle above refers to radio waves, which are at the lower end of the electromagnetic spectrum and are nearly a hundred million times longer than gamma rays. Gamma rays are the very, very short waves at the very high energy end of the same spectrum. All energy travels on electromagnetic waves and the amount of energy is measured by the number of pulses in an EM wave. The more pulses, the more energy. The longer the wavelength, the fewer the pulses.

The riddle gives you some idea of the breadth of the electromagnetic spectrum. Gamma rays are produced by rising activity inside the nucleus of an atom, and are the deadly radiations produced by nuclear weaponry. X-Rays, next in energy content, are produced by the most tightly bound electrons near the nucleus of the atom. The outer electrons of the same atom give rise to ultra-violet and visible light radiations. Molecular vibrations produce the important infrared range. Parts of the EM spectrum interact differently with our material world. The Earth's atmosphere is open to waves in the visible and near infrared range and to the longer radio waves. It tends to absorb all of the higher energy waves which would destroy life on earth.

So, when we talk about the electromagnetic spectrum we are talking about an energy content that allows us to live today, but will also provide the thrust to propel us into the New Age.

Getting Used To It

Today, birds are singing a little more sweetly, and shrubs are dying a bit more rapidly. People are behaving somewhat more erratically, and the climate is producing more records all over the globe than in the last 100

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years. This has all happened before - as it will again - and the scent of *deja vu* is strong. Evermore, I am recalling what I knew somewhere back there in time...when apples were crispier without pesticides..when water was purer before acid rains..when folks smiled with their eyes as well as their mouths. What is this haunting refrain that plays? Do you hear it? Does a certain music persist in the background, orchestrating better times before? After? Are you conscious of a personal breathlessness? A global one? Can you listen to the spheres sing without a tug at the heartstrings? Am I all alone in this feeling, or is it shared? Are you also coming to grips with the changes from your dreams when you were, say, 25...to what IS when you are 45...or 55? The smallness of our beliefs during our youth affect our self-beliefs acutely, and the maturing process involves re-evaluations which can be painful. Very. Looking within (a place few bother to seek out) is more an Eastern than a Western custom. It is alternately difficult and/or joyful. Dick peers over my shoulder, smiles, and says, "Greta Agonistes."

Well, no...it's just that ever so often I sense that I have been through all of this before. There are certain things I have known forever, but somehow, they slipped my mind when I was born. I am remembering more and more of them these days. Have not I already experienced all this, once upon a time? My grandmother used to tell me that she wanted to write a book some day but all that she had was the title: *Getting Used To It*. "But that's what life is all about," she would say. There are instants when I sense her presence assuring me; past, present, future...getting used to it.

Hello, out there! Does anyone recognize where I am today? Can anyone know where I have been in the past? Will anyone tell me where I am headed in the future? Do I really want to know? I hope I am moving forward, under my own free will, without benefit of other-dimensional input ("Directions, not directives, dear channel!") and I am glad, so glad to be alive in this moment of time when Autumn's end-glory whispers that the world is changing and I am part of that change. The echos of yesterdays blend into visions of tomorrows...and this very human being moves into another day on the mountain.

SYNESTHESIA:

A mingling of the senses

SYNESTHESIA is a joining of the senses. It is a word derived from the Greek, syn meaning joining and aisthesis meaning sensation. People who have this rare ability, experience senses that intermingle freely. I can easily resonate to this phenomenon since when OUT of the body, I can "see the music and hear the colors." I would think that for those SYNESTHETES who have such experiences constantly, life must be dramatic, colorful and exciting. All apparently have one thing in common: they love their strange ability!

What does it do for them? It allows them to combine sensory experiences. One can, for example, see a shape when a particular food is tasted or feel the sensations of colored taste and visual pain. Less than 1% of the population has this ability. (Most who do are secretive about it, fearing ridicule of this little-known but rich sensory world.) Most synesthetes find out the hard way that not everyone can "see pain or music"... "taste pleasure or shapes"... "hear colors or geometrics." Examples: A psychologist in North Carolina says that "angel food cake tastes pink." A NYC designer says when eating lemons, "I feel points pressing against my face and hands." A computer programmer in Arkansas admits that when he is driving and the Emergency System test tone comes on to the radio, "everything turns bright orange and I can barely see." All of this and more was reported by Brad Lemley in the Washington Post Magazine, 7/7/85. Dr. Richard Cytowic, a Washington neurologist, has set up a private foundation to fund his research in this subject. According to the Post, "Arcane phenomena have always intrigued me," he said. "I mean, you listen to someone describing the shape of the taste of maple sugar, how can you not be fascinated?" Cytowic said that when we speak, "We all intermingle the five senses all the time. We say that red is a 'warm' color, but green is 'cool'; her voice is 'sweet' but sadness is 'blue'. To most people they are simply quaint metaphors. To a person with synesthesia, these associations are real, vivid, spontaneous and impossible to suppress."

Cytowic, according to Lemley's article, began looking into synesthesia in 1978, while he was a resident in neuropsychology at the Bowman Gray School of Medicine near us in Winston-Salem, N.C. His studies have

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led him to conclude that synesthetes perceive a very different universe. His is a "brain-based hypothesis." He claims that the near shutdown of the cortex indicates that the source of synesthesia lays deep within the brain, in the limbic system. Many scientists and doctors now tend to agree with this theory. The problem is finding enough synesthetes for more extensive testing.



COSMICALLY SPEAKING



At most lectures Greta gives her audiences a "cosmic relativity." She describes, with the help of hand-outs, the lofty position that planet Earth occupies in the scheme of things. This is preparatory to asking the question "Do you doubt that there is life out there?" (The earth represents less than 1/4 of 1% of the planetary mass of the solar system; the planetary mass is less than 1% of the solar system, the sun comprising more than 99% of the solar system. The sun is only one of a hundred billion stars in the Milky Way galaxy; and the Milky Way is only one of a hundred billion galaxies in the universe. This is our best knowledge to date.) An attendee at the last lecture sent a letter to a friend who forwarded it to us. It stated, "I came across this information while scanning the Congressional Record. It is amazing. It relates so well to the material we got from Dr. Woodrew. I really enjoyed that seminar."

The following insert into the Congressional Record on August 1, 1985 was made by Senator Domenici of New Mexico. It deals with new astronomical discoveries about superclusters in the universe, and adds to our understanding of the relativity of planet Earth and our solar system. "Our own Milky Way galaxy is itself a member of a cluster of galaxies---the 'Local group,' as astronomers call it. The Local group is a small and sparsely populated cluster, containing only a few dozen members. Rich clusters of galaxies contain hundreds of thousands of galaxies of all types. To help put the above discussion of galaxies into perspective it is helpful to remind ourselves about the size of our home galaxy, the Milky Way, within the Local group. If we imagine ourselves in space looking at the Local group and searching for our Sun, we would have to magnify our view of the Local group by about 400 billion times to see the part of the Milky Way containing the sun."

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That's quite a view of our sun and solar system in the cosmic scheme of things. We're pretty hard to find. And what about man and his lofty opinion of himself as the most highly evolved creature? [Here's another relativity. There are 4.8 billion people in the world who weigh a total of 250,000 tons. Every month of the year the spiders in the world eat bugs that weigh more than all the people do!]

ON A SLIDE OF FULL SPECTRUM LIGHT

When visitors and Updaters come to see how the S.T.A.R. House is progressing, they are invariably struck with the feeling of 'strength' in the facility. They feel "good" there. We explain that we have used massive quantities of Cherokee stone and that a large part of the feeling of strength emanates from them. According to our friend Dr. Philip Callahan, the energies "...actually infuse into your body from certain crystalline rocks." Cherokee stones fit this category. They are solar collectors with a high energy quotient. Ancients were experts at working with the magnetic emissions from stone as well as the light from the sun. Light is energy, whether it inter-reacts with stone which focusses it and re-radiates it, or interacts with life forms directly. Researchers in the relatively new science of photobiology are learning that light's role in life is quite complicated and involves interconnections never before realized. Photobiology investigates how **LIGHT** interacts with **LIFE**. Light, even higher perhaps than water on the list of things we take for granted, is a complicated subject.

In ACRES, U.S.A., Fred Walters did a marvelous article on light. "Girls in North America and western Europe are reaching sexual maturity months--even years--younger than their mothers and grandmothers," he writes. "Scientists say this new trend in snowy regions lit at night by artificial light has always been found in the tropics. While many researchers believe these changes are the result of hormones and other chemicals in our food supply, light may prove an important issue."

Studies show that nerves and muscles respond to changes in light, and artificial light is proving responsible for a variety of upsets in the natural balances that make up life. Radio waves of T.V. frequencies emitted from ordinary flourescent lights,

for example, are responsible for changes in the central nervous system of test animals. These radio waves and the emissions from iodizing smoke detectors have been shown to affect the assimilation of medications. The implications are far-reaching. "Varying the light spectrum has been known to change the rate of uptake and effect of drugs. In fact, in Europe, some drugs bear dual toxicity ratings - one level is potent at night, one level is potent during the day," writes Walters.

John Ott, premier researcher in the field of full-spectrum lighting and photobiology, has spent a great deal of time studying hyperactive children. Hyperactivity is an illness that affects over 1 million children in the United States. Their abnormal restlessness keeps them from functioning productively. Ott believes that flourescent lighting in school may be a cause of hyperactivity or at least a stress that alters the body so that hyperactivity occurs. He made some time-lapse films in classrooms and it came clear that after the installation of full-spectrum lighting, children became more attentive. Problem children improved to the point where they no longer were moved for 'special attention.' (Many of the children also had been receiving x-rays from leaking t.v. sets at home which indicated that hyperactivity is a radiation-related stress condition.)

Full-spectrum lighting helps adults as well as children. What is meant by "full-spectrum lighting" is this: a hybrid of popular types of lights with special technologies built in. Where the flourescent is used, most of the light is designed to yield as much of the natural spectrum as possible. The ends of the tubes are shielded with lead as this is where harmful radiation originates. Added to these lights is a black light bulb to supply ultraviolet light. Between you and the bulb is a screen to shield any radiation that might be emitted and any lens that the light shines through is of a type which transmits the full spectrum.

Concludes Walters: "Light may well be an input in what many people call a 'sixth sense' and scientists call circadian rhythms: the regular cycles of rising and falling body temperature, varying body chemistry, and other daily changes. Artificial light may desynchronize our body's biological clock."



SUBSCRIBER Scribings

Response to Tauri's statement that "The excitement of tomorrow's science will be in the discovery of the amino acids' memory storage capacities" has been coming in. George Meek of the Metascience Fdn., Inc. wrote from one point of view: "My research and that of numerous colleagues in Brazil, Japan, Germany, England, Scotland and Italy indicate that the mind and its memory banks are non-physical and survive the death of the physical body. Such research indicates that Greta Woodrew's mind and memory banks will still have total recall even after her mortal remains have been planted at some beautiful spot in our beloved Great Smokies."

Leigh Richmond Donahue answered with a summary of some fascinating research the Richmonds did in the 1960s and 1970s. Writes Leigh: "It was interesting to read Tauri's statement (Vol.5, No.1). In 1963, Richmond Research (later incorporated as the Centric Fdn.) copyrighted papers showing that memory storage is not in the brain, but is stored biochemically in the cells of the body.

I can't condense 15 pages of highly technical data into a few paragraphs, so I'll just tell you our conclusions: The electronic computer, the brain, has an extremely limited storage capacity. There's not enough room to store more than 72 hours-worth of the info that comes in constantly. (Take a glance around a room; you've taken in about 100,000 bits of data.) Yet the brain as a computer has available to it a library of information covering not only a lifetime, but data that goes back to the earliest days of evolution--most of it retrievable.

The retrieval of the 72 hour storage capacity that the brain does have is just one of its functions, however. It can't devote all its circuits to recall. It is busy taking in data, evaluating it and preparing it for storage. These occupy some of its circuits. It's also devoting most of its attention to actions and reactions with the world around; to planning, to thought, to all the addenda of living. Memory storage is one of the minor functions it performs.

On the other hand, the cells of the body have a near-infinite biochemical data storage capacity, with their nucleotides and their amino acids. When you think of a cell,



think of New York City with its industrial-governmental complexes; with its myriads of people. The four great nucleotides--power production, distribution, and regulation (government.) The RNA--tractor-trailers snuggling up to the manufacturing complexes, bringing supplies, taking out the 'proteins' of finished products for distribution throughout the nation. And the amino acids--millions of people with their flow-patterns of motion, and with their information sources of TV, radio, telephone, newspaper & magazine.

Yes, the cells of the body are as complicated as - and quite comparable to - a great city. Their biochemical (amino acid) data storage capacity is many orders of magnitude greater than that of the brain; and they have the ability to take information from and return it to the brain on both an instant-recall basis and that of research for deep-filed data.

So it becomes obvious that the brain's main function is as an electronic computer, with a data filing and retrieval system extending into the cellular structure of the body available to it. Comes now the problem: Electronic reception, perception, evaluation and preparation of data for storage are fast; biochemical filing is slower...about one-third slower. Wherefore, the sleep cycle. You shut out all the input you can. You put the body in a horizontal position so that you cancel the electric potential between earth-ground and the head which the brain needs for its most efficient operation; and you let the biochemical filing system catch up.

That, in essence, is what we presented to an unheeding world in 1963. Thank you for the Update! And for S.T.A.R. House."

In the Right Direction

From ACRES USA we learn about a so-called green dam made up of a billion trees being planted across North Africa to prevent the Sahara Desert from spreading its desolation further. Experts in southern Sudan have measured the desert's spread at a speed of 11 miles per year. With the greening of the desert, Algeria hopes to return much of its land into the breadbasket it used to be in ancient Roman times and thus boost its agricultural production. It is also hoped that "...the new vegetation will change the entire Mediterranean climate, bringing more rain to the area. The work is being carried out mostly by the military."

ON PLANT RESPONSE

I often marvel how Greta can extend the lives of plants, shrubs, and even cut flowers. An arrangement with a normal life-expectancy of two to four days lasts seven or more days in our home. On one occasion I gave Greta an orchid. It came from the florist wired, and was not meant to survive beyond the few hours it was worn. As an experiment, Greta kept this wired orchid 'alive and well' for seventeen days! Only when we were away overnight did the corsage wilt. The florist visited four times during the seventeen days to observe the unbelievable phenomenon.



An interview with Dr. Pat Flanagan in ACRES, USA, sheds light on the mechanism: "Plants do have an electronic system very similar to the human nervous system, but much cruder. The energy system in a plant is more or less a DC (direct current) electronic system, whereas the human body has both a DC and an AC (alternating current) system. The DC system in a plant responds to changes in its environment. These changes can be brought about by human thought forms, or by changes in the human bioenergy field. When we interact with plants, our bioelectric field--or this energy field surrounding the body--interacts with the plant's field. Therefore, depending on our attitudes, we will create different energies to which the plants will respond. Clive Backster's experiments showed that plants respond to these energies. The plants appear to know whether these energies are hostile or friendly." The flowers and plants respond to the very real love and attention that Greta showers on them. Well, so do most humans!

A Metaphysical Scientist

He was a champion of controversial causes, especially where the occult and psychic phenomena were concerned. The winter issue of SEARCH magazine stated that "much of what he put down on paper for the benefit of mankind originated from a 'higher source', and that he was simply a vehicle or 'channel' through which this information could flow freely." In a manner reminiscent of the method of discovery employed by Isaac Newton and commented on by his biographers, he would hole up for hours in his private laboratory refusing to see people, even if they had an appointment. He would sit by his desk, his eyes half closed, busily scribbling

all sorts of notes and formulae as if he were in "another world." Modern-day parapsychologists who have had the opportunity to examine his original papers feel strongly that much of his work resembles "automatic writing." He was a Theosophist and a reincarnationist. He is one of the scientific greats of all time. He was, of course, THOMAS ALVA EDISON.

NATURE'S PLAN

Tolls a Quake

The details of the Mexico City earthquakes are in, but it will be some time before their dire consequences recede into history. The Ogatta group says that it's almost impossible for us to know the true loss of life in a major earthquake. The official toll of the lethal Tangshan, China quake in July, 1976 was 242,000; the unofficial count was 750,000; the count from the Ogatta group exceeded seven figures, or over 1,000,000. At this writing, the official count in the Mexico City quakes is approximately 4,000. A brief statement from the Ogatta group put the actual number of people killed by the two earthquakes at well over five figures. This terrible loss of life is a major tragedy, not to be minimized. In another way, however, it's a miracle that less than one-tenth of one percent of the population of a city as densely populated as Mexico City was lost in so major a seismological event. (It will be interesting to follow the progress of the earthquake babies born under the rubble of the hospital. They could be very special humans!)

REINCARNATION: A Fact Sheet

We in the West are in a minority in our feelings about reincarnation. Eastern cultures have a belief system steeped in reincarnation. The concept of reincarnation was part of Christian teaching until 533 A.D. at the second Ecclesiastical council of Constantinople, when it was banished from official Christianity. As Updater John Price reminds us, "It is interesting that a doctrine that had been a teaching of Buddha and accepted by Jesus, one that had been taught by the Hindus, the Egyptians, the Greeks and the Jews, could be dismissed with a stroke of the pen by a council of men. But this is what was done by the bishops of the church, and the concept that we live in a physical body more than once was declared false and removed from Christian Doctrines."

YESTER-LIVES

There are two approaches to reincarnation: the "Believe it or not, it's a fact!" theory and the "Believe it if you wish, but it's a myth!" theory. The former believe that you are 'forever you' and will live forever. The latter do not. The former's bottom line is that we wear different bodies in many Earth lives during which time we develop our "latent powers through struggle with circumstances and within a network of relationships with other souls." Reincarnationists explain growth, evolution, conscience and higher consciousness through lessons learned in each of many lifetimes, while the other end of the spectrum it is said that there is "no life after death."

One of our Texas subscribers, John Price, did a nice piece in his Quartus Report on Reincarnation. He points out: "In the Introductory Study Course of Theosophy, based on the compilation by Emogene S. Simons, we read that... 'man is a spiritual intelligence, a spark of the life of God, clothed in bodies of varying grades of matter, and coming to earth in order to learn. He has to undergo a long succession of earth lives in order to develop his latent powers through struggle with circumstances and within a network of relationships with other souls'."

I attended a Reincarnation workshop recently, led by Helmut Licht who took the opposite point of view. He felt that "...a seed has but one life as a seed. Once it grows into something more, it never reverts to a seed again in any species. It is against Nature." When the conversation moved along to past lives, it set me to thinking about the many people who have been through regression, and who have come out of the experience convinced that they were "Cleopatra" or "Henry VIII" in past lives. (WHERE, I always wonder, were all the peasants, peons, drop-outs from society, thieves, nobodys?)

I have some conjectures I want to share with you. If indeed thought-forms have the strength to survive, as I suspect they do, then is it possible that people in altered states are latching on to these images and feeling comfortable with them because they are 'known'? In other words, if I were to put the name Oscar Hotchkins to you, chances are that your question would be "WHO?" But if I dropped the names Abe Lincoln, Sigmund Freud or Florence Night-

Wingale, you would have an instant frame of reference. Perhaps, just perhaps, when someone goes into regression, he picks up on the wealth of thought-forms on characters about whom so much has been said...written... thought. And if this is so, might it not explain in some small measure why they might well assume that they were once that person since they feel so comfortable with the vibrations of these personages? Impressions sent into the cosmos do build to crescendo proportions over the years. Energy can never be destroyed, and thoughts put out are forever there. Call it the Akashic Record, the Collective Unconscious, Morphogenic Fields, Universal Mind. All images, just like defunct TV waves, are out there in the cosmos and available to anyone who knows how to focus his mind sufficiently to tune into them.

So, I wonder, could not this be one possible explanation for the many who appear to have comfort zones with the famous of the past? Could it be that they confuse the recognition of the lifetime with the claim that it was their own?

Ruth Montgomery asked her Guides about our past lives and they promptly responded that I developed my psychic energies in several different lives, including one in ancient India and another in Egypt. "Dick and Greta are old souls who knew each other in an Egyptian life when both were in the temple of healing. They were also together in India, Greece, and again in Roman days before the fall of that once great empire." (The odd part of this particular automatic transcription is that neither Dick nor I resonate to those countries in this lifetime. We have traveled the world over, assiduously avoiding those places...and Russia.) On the other hand, believing in reincarnation, we have no doubt that we have shared lives.

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We announce with pleasure the coming on board of James Roy Moody as Manager of the S.T.A.R. House facility. Past Director of Occupational Education at Haywood Technical College, he will be waiting to greet you and make you welcome!

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We'll be on the air for KABC's "OPEN MIND" on Dec. 14th (9-midnite). Host Bill Jenkins is having us back for the fourth time. All Californian Updaters listen (and call in!)

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WE HOPE YOU WILL BE ONE OF THE 50 PARTICIPANTS IN THE FIRST CONFERENCE HERE IN APRIL!

A 'GUIDE' to the New Age

It was our joy to host Ruth Montgomery and her husband Bob at Reisha Way this Labor Day weekend. What a thrill for us to spend time with the great journalist whom the Guides have given the responsibility of scribing the changes that announce the coming of the New Age. Her Guides' scenario of cataclysmic change leading to a 'Golden Age' of man in the 21st century runs parallel to the scenario that the Ogatta group has shown us. In a series of books that includes A Search for the Truth, A World Beyond, Strangers Among Us and Aliens Among Us, Ruth has chronicled the scenario, the changes and many of the players...**Walk-Ins**...that will attend the turn of the century and the millenium beyond. If you are not familiar with these books, you have a great reading treat in store.

We covered many fascinating topics of mutual interest in the course of our time together. Among them was the question of whether the near-death-experiences (NDEs) that we commented on in the last **Update** were producing evolutionary advances in those who experience them. Ruth led us to a paragraph in her book Threshold To Tomorrow: "The Guides declare that many people who survive clinical death are actually Walk-Ins, and because they are coming directly from the highly energized spirit plane they are able to revive and utilize bodies that would otherwise wasted." Walk-Ins are special humans who, Ruth and the Guides tell us, are entering this physical plane to help us in the coming transition.

Shortly thereafter, Tauri entered the channel and commented: "Many who survive NDEs come back to your plane more highly evolved and more highly energized." That certainly confirms for us that many humans are evolving toward a higher awareness in preparation for the New Age.

A Think-and-Relate **U**FORIA

I was less than surprised to read in the Times of London that the Zimbabwe Air Force has taken up UFO hunting. It recently used meteorological radar and two military Hawk jet fighters manned by experienced airmen to track a huge unidentified flying object that was described as "orange, rounded,

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with a conical top, winged and silent." The UFO hovered at about 7,000 feet, then "shot suddenly into the sky at tremendous speed." The Zimbabwe military authorities are unable to explain it, but the Air Marshal and Pakistani Chief of the Zimbabwe Air Force said that there was no doubt at all that the object existed: "It was no illusion, no deception, no imagination." The object had been sighted in six urban centers and was clearly seen by staff at their control towers.

A year ago at this time, we were on a lecture tour in South Africa. We went on safari to Botswana (where "The Gods Must Be Crazy" was filmed.) There, two displaced and well educated Rhodesians pulled us aside to talk about our E.T.I. connections. They told us the following story which had occurred while they were still living in Zimbabwe. "A huge UFO landed," they said, "and hundreds of people gathered to see the craft. Entities came out of the ship and were quietly and respectfully saluted by everyone there. They were small, beautiful, obviously friendly, curious beings. They and their craft stayed on the ground for almost an hour. It was the experience of a lifetime for everyone present! We just knew that they came in peace and would come back some day."

The man and woman were very wistful when they told us about this encounter. After they left their homeland and relocated to Botswana, they thrilled a few years later to see another craft hovering overhead. In Botswana, however, the reception was entirely different. "Military came at the craft with gunfire and people screamed and fled in panic and fear." Sadly, they asked if we thought the E.T.'s would ever return after such an occurrence. "Why should they come back?" they lamented. "In Zimbabwe they were met with love...and here they were met with fear." Could we ask the Ogatta group about it? Where did those ships come from?

Well, it would appear that something from another dimension has indeed returned at least to Zimbabwe. I think Botswana will have a long, long wait for another visit. On the other hand, I believe that more and more people will be seeing these crafts all around the world...and on this point, the Ogatta group concurs.

I WANTED TO GO TO
MIAMI BEACH BUT NO, YOU
HAD TO SEE BATSWANA!

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"Today's dream is the threshold of Tomorrow's discovery."

HAPPY DREAMS and HAPPY HOLIDAYS!