IV

1. Let us turn now to the case in hand, involving a gifted and highly educated occultist, a clairvoyant and clairaudient and well-known as a writer and lecturer. We shall call him "Dr. Kappa" for convenience. Dr. Kappa had been somewhat in ill health for a time, and on a recent night, about 4:00 a.m., he wakened "with a very peculiar feeling - I cannot describe it other than to say that I felt as if I had no body at all. This in itself was not very unusual with me and cause me no particular alarm; but there was another aspect of the sensation. I felt, or seemed to know, that my body was being disintegrated - that the cells were actually being shaken apart from each other. You can easily understand that such a sensation is almost indescribable in words. Yet that is exactly what I felt as I lay upon my bed and tried to get hold of "myself" or whatever of me was available. I seemed to have no centralized focus of consciousness which we as normal individuals are accustomed to accept as a "self."

2. "I realized almost at once, instinctively, I suppose, that this experience was was not of a "higher" or Occult character such as I have many times known in meditation and Yogic practices. There was a distinctly bestial or vicious quality to it which alarmed me to the point of getting out of bed immediately.

3. "As I stood on the floor (a concrete and tile one) I became aware of a fluid-like vibration moving through it. 'Fluid-like', because that is the way it presented itself to me. Almost at the same moment I sensed this fluid pressure all around me; the room was saturated with it. Then I heard a pulsation similar to an air - plane engine high up in the stratosphere. That is, I heard it and didn't hear it. Perhaps I felt it - but it was absolutely there, and filling every inch of space around me. My hearing abilities have always been remarkable and a source of some distress to me, since I hear sounds which distract my attention and often make it difficult for me to get to sleep. I know now that a good bit of this supernormal hearing has been more of a psychic perception than just plain hearing in the ordinary meaning.

4. "This "hearing" is usually accompanied with a "seeing" which cannot be called ordinary sight. That is, I hear a sound which no one else seems to hear, and then I "see" a picture, color, symbol or line of force which would be meaningless to me if I had not "heard" it in advance. Now, this pulsation or vibration of which I speak, which I could both hear and see, had a most unpleasant effect on my body. I felt that I was being separated from my skeleton - that my organs and tissues were being separated in a most indescribable fashion. Feeling faint, I opened the door and stepped out into the yard. The sky was overcast and nothing but a dark gray mist was visible. But I could hear this "engine" or "motor" much better than while in my room. It seemed to be directly overhead but thousands of feet above the clouds.. Then it was that I saw or perceived THE THING.

5. "I won't try here to give much description of it, since I am trying to keep this letter as short as possible, other than to say that it was spherical, highly luminous, and seemed to have bisecting axes (like a north-south and an east-west axis. This is hard to write clearly - but the "Thing" revolved on its two axes independently of each other. It was somewhat like a gyroscope such as children play with, except that the frame of the toy would have to revolve too, and in an opposite direction. Do you get what I mean? One 'gyroscope spinning around like a top, east to west, and the other turning around the first, but going from north to south. How big it was I couldn't say with any exactitude, since there was nothing with which to compare it, as it hung suspended there in the gray mist. But my "feeling" causes me to say that it was at least a mile in diameter. Huge indeed! (But then, to some this willbe a tall tale, any way I tell it. - But if they had the 'symptoms' which it has left behind with me!)

6 "To dismiss the possibility that this was just a 'psychic experience', maybe this will help. There are two Scotty dogs in the apartment next to mine. The owner gets up around four or five each morning to let them out. This man (about my own age, and with a horoscope similar to mine) has a violnetly sick stomach reaction. And the dogs! You should have seen them! At first the animals seemed bewildered and unable to control their bodies. They acted like drunken persons for several minutes, and then began running furiously around the yard in a sort of hysteria - finally dropping with exhaustion and seeming about to expire. My neighbor doesn't remember if he heard the "engine", but he is positive he felt the vibration in his body, especially in the stomach - or rather, in the solar plexus. All this took place in less than five minutes - the vibration growing less and less, as, apparently, the "engine" passed on overhead.

7. "Yesterday morning, Friday, at 4:00, this phenomenon repeated itself, and with much the same results - except that my physical condition (of my illness) became considerably worse. I have terrific pains in the stomach and chest, and a strange taste of metal in my mouth, together with excessive amounts of gas which make breathing difficult. This has nothing to do with psychic mediumship. I have been through that many times and know the angles as far as body reactions are concerned. And while I have heard the "engine" only twice, I have been conscious of the vibration in my body every day, and especially at night. It is slowly growing more intense but I believe I am getting somewhat acclimated to it. The pains in my body are not so bad. I wonder, sometimes, if I am being turned into a sort of receiving station for the Etherians . . .

8. "The point of this long letter is this: Are any reports coming in from your members, similar to mine. If you have any light on such experiences I would greatly appreciate it. I am at present practically incapacitated by convulsions in my stomach, and by an intense heat that turns me into a torrent of perspiration regardless of room temperature. There are several other aspects of this abnormal situation but I shall not go into them now, but I am still hoping to visit you ..."

- end -

Perhaps the best way to continue with this account, is to quote my own reply to Dr. Kappa - since it, in turn, consists almost entirely of the statement of the trance Control YADA DI SHI'ITE:

Dear Dr. Kappa:

9. " I was distressed and somewhat alarmed by your letter of the 29th, and after some reflection decided to consult Mark's Controls. I am not entirely sure that this will meet with your approval, but it seems to me that it can do no harm, and that your own wide knowledge and experience will enable you to separate the chaff from the wheat, if we should be given an admisxture of both. At any rate, here is the gist of the comments of Yada Di Shi'ite. Only Mark, his wife Irene, and myself were present:

Yada di Shi'ite " 'I shall start talking English immediately and dispense with my usual preliminary exercise in my own tongue. I know that you understand that I indulge in the latter, mainly to capture the interest and attention of sitters who need some such appeal . . .

11. "'It is an unfortunate condition that the honorable Dr. Kappa has gotten into. It is not entirely a psychic condition, but partly physical also - tho' of course in the last analysis all physical conditions are psychic.

12. "'Psychical development invariably means <u>hunger</u>, of one kind or another - as for food, or for sex. The deeper one gets involved, the greater this hunger. A

kind of fission takes place between the psychic and the physical. Dr. Kappa has always been psychic by nature, from birth. It is, in a way of speaking, part of his Karma. This psychism has increased thru study and training, and the hunger has increased proportionately. The body has been unable to stand the strain of these excesses.

12. "' Dr. Kappa went deep into etheric studies and his body was not prepared for them. Etheric contacts play upon the physical body far more than do the contacts of the astral planes.*

13. "' The Etheric world is a world of energy which is constantly trying to express itself in the physical. It will avail itself of any open door.*

14. "' The feeling that came upon Dr. Kappa was more of an automatism than any deliberate response by etheric beings. The Etherians have no particular designs on him. . . We move in certain directions thinking we recognize an object, but we may find the activity more than we can stand. **

15. "'The feeling of evil"' (v. Para. 2, p.2) "'comes from certain forms of action on the physical body. The body is always seeking protection, survival, continuance - and it goes on guard. This causes a feeling of dread simply because it is an unknown quantity. **

16. "' The Doctor has been a big eater in the past, and this has put too much pressure on the solar plexus, over many years. With much food and psychic tensions, gas is created. Lines of tension or stress are built up which work against the normal pressures of the body. We have forces working against each other. The Doctor has several times stirred up the Kundalini forces. This creates great heat in the body. The combination of psychic, nerve and physical tension makes him very open to what are called psychic sounds or psychic hearing.

17. "'On coming into contact with the etheric world he became aware of that world. Now, when one sense is stirred up, that stirs up all the others also. This includes the sense of taste. It was natural that he should feel the effects of other forces also. And the etheric forces can disintegrate the physical body. They create heat, and the more heat the more likely the body is to disintegrate. Hence, the profuse sweating and feeling of heat.

18. "' I suggest that the first taste experienced will be that of the element strongest in the body - in his case, metal, iron.

19. "' We suggest that Dr. Kappa do no more studying in that direction.

20. "' We suggest that he cease to eat except to pacify- not satisfy his hunger.

21. "' We suggest that he train himself in relaxztion without entering any particular state of consciousness other than that of normal sleep.

22. "' He should never call on the Etherians.

23. "' All results are more or less 'automatic'. We cannot avoid the consequences of any act - yet we can never foresee all the consequences of an act. We pride ourselves on our will. How little we know when we use that term! And the results of not acting may be as great as those following action.

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* The underscoring does not indicate any particular emphasis on the part of the speaker (Yada di Shi'ite), but only that the passages scored seem to me of special importance with reference to Etheric-plane contacts. ML.

** Statements marked with a double asterisk (**) were in response to questions from M.L.

24. "'Concerning the neighbor and the dogs. They came into that same field of radiation (of the Ether Ship). And the neighbor was under the same astrological signs, as Dr. Kappa pointed out. Dogs sense what is going on within a person - because people throw out an energy. And dogs have hearing beyond the range of the human ear. Also, the dogs could pick up the conditions from human who were affected by them. **

25. "'Some of the Etheric "machines" can create sound that can demagnetize a body or an object. ** Yes, this is what you call an ultra-sonic effect.** Dr.Kappa was in the path or zone of an ultrasonic ray. **

26. "'We feel that the Dr. can get out of this condition. He does not really have a bad heart, but one suffering from tensions and the pressure of gases. The body is full of cavities into which gases can seep from the intestines. Many pains are caused by gas pressure which are attributed to other causes. Such pressure can cut off the flow of blood thru the veins. A flow of gases into the skull may cause paralytic strokes. A bubble bursts and causes a blood clot which blocks the flow of blood and cuts off the nourishment of the cells.

27. "'I must go now. The peace of your God and of my God be with you."

-end -

It may be helpful to summarize some of the facts involved:

We have here what is probably the first published account of the effect of a supersonic wave or ray on a human being. That is, we construe it as equivalent to the super- or ultrasonic vibration known to physicists and developed in part for use in warfare.

It is highly improbable that the ray was directed purposely upon Dr. Kappa, and we must note that he was not in normal physical condition - and that he is a 'psychic' or 'sensitive'. His neighbor also happened to be similarly constituted. It is likely that other and normal persons in the neighborhood were not affected, or only in a slight degree. Dogs kept inside might not have been greatly disturbed.

Nevertheless, it is fair to assume that this wave or ray could be strengthened and directed onto any locality, and that all living things could be destroyed by it. This is in harmony with what is known of ultrasonic effects scientifically.

Note the statement of the Yada, that the etheric forces "can disintegrate the physical body" (para. 17) and that this is in harmony with Dr. Kappa's own instinctive analysis of the effect on himself. (Para.1).

We probably have here a clue to what may be expected if supersonic weapons are used in warfare - or if the Etherians use them to intervene in our wars, or to protect themselves against attack by us. It may possibly be a clue, also, to the complete disappearance of etheric craft ("discs" etc.) either in the air or after a forced landing - what we have been calling their 'dematerialization' may be effected by some type of supersonic apparatus.

Is it necessary to further underscore the criminal folly of firing upon these etheric craft. That only a few of our planes have so far been lost (as we believe) is sufficient evidence that the Etherians regard us as fools or children, not to be punished too severely for ignorant mischief making. The Controls have said heretofore, that the Etherians possess the knowledge and power to disrupt our globe thru 'demagnetizing' it (tho' higher Powers would not actually permit this). "Demagnetization" can be produced by proper use of ultrasonic vibrations.

But one compelling reason for printing these pages, is the interest being shown in some quarters in the attempt to make contact with the Etherians by psychic and/or telepathic means. With due consciousness of our ignorance but on the basis of such facts as we now possess, the BSR Directors wish to utter the most grave warning against any such efforts at psychic contact.

Influences from the etheric planes are more rapid and powerful than those from Astral regions. The etheric levels are vibrant with energies striving to flow into manifestation. They are the Powers of Netsach, vast Nature-Forces emerging into form. And the Etheric peoples are not excarnate humans, nor have they ever incarnated on our plane, nor are they all alike. Just as there is a multiplicity of Ethers, of all degrees of density, so are there innumerable etheric planes and beings. Perhaps not all of them are greatly superior to us, but it is clear that many of them are. People who can construct aircraft miles in length, and 'fly rings' around our rockets and guided missiles, have a science too high to be mentioned in the same breath with our own.

And what might be called the pressure of the etheric worlds is increasing upon our globe. Instead of being too difficult, it is likely that psychic and occult contacts will be all too easy. There is evidence that the Etherians are friendly - but that does not mean that our minds and bodies are prepared to withstand contact with them on mental and psychic levels. But when they appear in material and human-like bodies, our exchanges with them may be safe, normal and human. From them we can gain incalculable knowledge, IF we are wise enough to make the right approach. With their wisdom we might remake our world - but we must be wise enough ourselves to take the opportunity in the right ways.

The days of planetary isolation are ended. Of course, such days have never existed, except in our own dullness and blindness - so, what is 'ended' is only this blindness, for a few, and this dullness, for "rare swimmers in the vasty deep". Yet there is no cause for panic, but only for an honest, consistent, passionate desire to learn - and to serve.

I must not comment further on Dr. Kappa and the statements of the Yada. I can vouch for Dr. Kappa's knowledge and integrity and unusual powers; and I have reason, from several years of intercourse, to honor and respect the Chief of the Shi'ite Clans. But it is the earnest hope of your Directors, that all our Associates, and especially those who receive these Transcripts regularly, will reread at least all of the numbered paragraphs with close attention - and reflect on their implications, bringing to bear whatever occult knowledge and data they may possess.

It is true in all fields of knowledge, and especially in the so-called occult world, that meaning, worth, importance, significance do not lie in any fact or event per se, but only in the relationships of the fact. Therefore it is said occultly that the Truth of truth, the High and the Deep Things are never written, because the limitations of words cannot encompass them. Therefore, again, he who reads rightly reads between and behind the lines, the words, the phrases. Therefore he takes each fact, smallor great, into reflection and meditation, that they may distinguish and reveal themselves, as it were of their own movement in the deeps of consciousness. Therefore too, comment and explication become a weariness and a false leading, except as they are sieved and transmuted by the same process. And the more one knows, the more-and-less important each 'fact' appears to be.

But Dr. Kappa's adventure, and the comments of the Yada thereon seemed to me well worth setting down. Perhaps you will* us here at Headquarters, whether or no this is your opinion also.

M.L.

(* sc. tell)